

THE Highlands

Vol 5 Issue 21

FREE

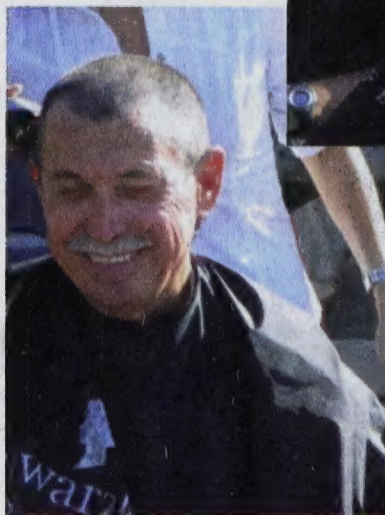
Sept. 21 -
Oct. 4 2006

Communicator

Haliburton County's Good News Fun Free Newspaper

Shaving It Off For A Great Cause...

The OPP's annual charity head shaving event saw over \$2000 dollars raised for various charities last week in Haliburton and Minden. Under the watchful eye of OPP Constable Val Jarvis, Gooderham's Ron Barr lost all his curly locks while holding pledges for



no less than \$1379.15 destined for the CNIB.

In Minden the musical trio of Gord Kidd, Ric Pringle and Laurence Perry kept the mood upbeat while Minden Reeve Jim McMahon had his head shaved by Gina Belli, of Gina's Shear Talent. Reeve McMahon raised a total of \$600 for the Family Services of Haliburton County (of which he's a Board Member). As well, Constables Andrew Barclay and Garrett Grexton submitted to the Fuzz Buzz and plan to donate their pledges to the YWCA.



And soon Constable Jarvis herself is going to submit to the dreaded buzz – but she's promised to share the event with friends out West. But we'll all be waiting for the photo opportunity when she returns!

Pictured getting "buzzed" is Minden Hills Reeve Jim McMahon (above you can also see Constable Andrew Barclay getting "clipped")

Circulation
8,000

Mailed **FREE**
to:

Minden
Haliburton
Eagle Lake
West Guilford
Gelert
Lochlin
Carnarvon
Kinmount
Wilberforce
Harcourt
Highland Grove
Gooderham
Tory Hill
Irondale
Ingoldsby
Kennisis Lake
Fort Irwin
Miners Bay
Moore Falls

**Don't Miss
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County
Studio Tour!!**

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MYSTERY SOLVED!

"Autumn is a second spring
When every leaf's a flower."

~by Albert Camus~



Cottage Country Log Cabin Hosting Three Artists including Angus Burns - Famous For His Antler Carvings & Burnt Coffee Tables

Learn From The Master: Angus Will Help You "Create Your Own"

The September 30th weekend will be an exciting one in West Guilford this year as Cottage Country Log Cabin will be hosting 3 artists who will be displaying their artwork at the store. Also, one particular artist named Angus Burns will be on hand offering a course in antler carving. Angus is famous for his antler carvings and burnt & painted coffee tables. He is a self taught Canadian artist originally from Northern Ontario.



He is currently the artist in residence at the Canadian Carver and Agawa Indian Crafts on Lake Superior, and his work has been exhibited at the "one of a Kind Show" and the Gallery by the Lake in Buckhorn. The artwork in both antler carvings and burnt tables is available locally at Cottage Country Log Cabin, or create your own under his leadership this weekend. Don't worry if you think you have no carving talent, as Angus will be working one on one with students during this weekend to make sure you leave with a beautiful piece of antler carving art. No previous carving experience is necessary and the price of the workshop includes the antler that you will be taking home. Pre-registration for the course is necessary by calling Pat at 754-2285.

Also on hand displaying her artwork will be Canadian artist Dawn Cohen. Dawn is an artist who paints using acrylics and specializes in painting songbirds. She took home the Future Promise Award at the 1997 Buckhorn Wildlife Art Festival and has continued to win awards since. Her work will be available this weekend as well. Dawn states, "I do sell my original works, but have concentrated on providing affordable signed open and limited edition prints."



Tracey Green specializes in reproducing the creative arts of the past including hand lettering and antique patinas. She achieves her unique style utilizing a number of media that were not available to our ancestors. She founded Nostalgic Art Studios in Orangeville as an outlet to preserve the beauty of high quality

handcrafted antique signs.

In all, there is sure to be lots to see and do at Cottage Country Log Cabin the weekend of September 30th and Oct 1st. For more details call 754-2285.

Fall Tour Event! Artists on Site!



Fall Sale Now On!

Fudge - 40 Flavours
Old Fashioned Candy
Fine Gourmet Foods
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Wilderness Decor
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Trading Company Ltd.

Open Year Round

Hours: Mon - Sat 10 - 5, Sun 10 - 4

(705) 754-2285



1141 Kennisis Lake Rd. (County Rd. 7) Just off Hwy. 118, West Guilford

Dawson Hamilton Facing A Rough Road Ahead

Hamilton Family "Grateful" For Area's Kindness & Generosity

Within a few weeks 6-year-old Dawson Hamilton of Minden will be undergoing yet another bone marrow transplant. Dawson was diagnosed in the spring of 2005 with Chronic Myeloid Leukemia, the only treatment for which consists of a transplant. Neither Dawson's Dad Scott, nor his brother Tanner are a proper match so Dawson had to wait until a suitable donor was found through the bone marrow bank.

Dawson's cancer went into remission for almost a year, but it's now returned. His Dad is in Toronto with him as Dawson awaits another bone marrow match and transplant. Dawson's aunt, Jackie Smith of Minden, is looking after Tanner. "Scott and I and the whole family just wanted to make sure the Minden and Haliburton communities know how grateful we are for all their kindness and generosity. Dawson is in for a rough couple of months at least, and he really needs his family to be with him as much as we can. He's a super brave little boy and we all miss him."

If you'd like to help out with the Hamilton family's expenses, the trust account established at the CIBC in Minden is still open and the bank will accept donations at any time.



Pictured from left to right - Diane Peacock, Scott Hamilton, Pat Brezina, Dawson Hamilton. Photo by Gerry Grozelle.

Archie Stouffer Elementary School Honours Dawson with the Terry Fox Run

By Diane Peacock

On September 29th, the students and staff will once again honour Dawson Hamilton in the 2nd National School Run Day for the Terry Fox Foundation. Dawson was diagnosed with leukemia in May 2005 and is presently in Sick Children's Hospital once again battling it. He did have a short period of remission.

On Sept 16th, 2005 the students and staff honoured Dawson during the first National School Run. The school was one of 10,000 across the nation that participated. Provincially we were one of 4,800 schools that were registered and raised a total of \$9.8 million dollars for cancer research.

When Pat Brezina and Diane Peacock were organizing that first run it seemed automatic that we honour Dawson, who was a JK student of Pat's. We held a kick off assembly at which a t-shirt was presented to Mr. Thorne and a history of Terry's life was read to the students. On September 16th when the envelope's started coming in to us we were speechless at the generosity of the students and their parents. After a final total was tallied we were able to send \$8,116.72 into the Foundation to honour this brave little boy. One class alone raised \$1,200.00 and were the recipients of free pizza courtesy of Godfather's Pizza in Minden. This total received not only recognition from Martha McClew, the provincial director but also from Darrell Fox, Terry's brother, who is the national director of the Foundation. Letters were received and framed and are now hanging in the office for all to see.

On September 7th of this year a kick off assembly was held for this year's run and a t-shirt was presented to our new principal, Mrs. Harpell and the first of this year's bookmarks to our new vice-principal Mr. Ferri. Once again Godfather's Pizza will be donating pizza to the highest fund raising class and we thank them for their contribution. We hope that the students and their families are as supportive as last year.

A Little Bit of Everything

Now that summer is over and the fall season has begun...

please remember to start getting ready for the shoeboxes for Operation Christmas Child. We have socks, toys, washcloths, toiletries, school supplies, and lots of other items suitable for the shoeboxes for both boys & girls.

We also have everything you need to make your Thanksgiving a special one. Too, the spooky time of year is just around the corner, so be sure to stock up on all your Halloween things.

Please remember that we sell out of seasonal items quite quickly, so shop early so that you won't be disappointed.

Beside IGA & Home Hardware in Minden

(705) 286-3741

Debbie, Ira & Joanne

Roberts-Austin Fuels Ltd

Celebrating 20 Years in Business

"We knew from the beginning, when we first started our company, that we'd only succeed by providing top-notch customer service. And when it comes to providing a product as essential as heating fuel, you know you have to earn your customers' trust, and keep it," says Steve Roberts, owner and co-founder of Roberts-Austin Fuels. "And let's face it, we supply essentially the same product at the same price as our competitors – which makes the personal and business relationship with your customers crucial."

Twenty years ago, on September 1st, 2006, Steve Austin together with his then-partners, Murray and Betty Austin, opened their doors for business out of a 10' by 10' rental unit on the site now occupied by Patient News Publishing. Murray had been a long-time employee of Esso in Haliburton, and Steve had joined the company right out of high school. When Esso pulled its distributorship out of Haliburton and moved it to Bancroft, Murray, then 56, and Steve, just 30, decided against making the move out of the County, and instead struck out on their own.

The mid-1980s were a good time to start up a business in Haliburton County and Roberts-Austin Fuels immediately enjoyed a steady growth. And in those early days it surely didn't hurt that 'Roberts' and 'Austin' are two of the most



recognizable family names from Haliburton's past. Steve's great-great grandfather, James Roberts, made his way into Haliburton via the Peterson Road in the 19th century: the first year he got as far as

Fishtail Lake, near Harcourt where he wintered before homesteading up the Harburn Road the following spring. And his maternal grandparents were Eugenio and Vittoria Formica, prominent members of Haliburton's proud Italian community which arrived in the early part of the 20th century.

But family names are no substitute for hard work and innovative thinking: In 1989 the company decided

to move to its current location a few hundred metres up the Industrial Park Road in Haliburton. The job of preparing the site for a fuel storage and service location wasn't easy: "we had to move almost all of the hill – most of it ended up as fill across the road – before we could even start construction," says Steve. And they were determined to make the site customer friendly and accessible, with bright red and white graphics for all their trucks, and the welcoming and colourful flowers that Betty Austin tended faithfully. From the outset the buildings, the truck fleet, and even the location sent out a message of business confidence and success.

Roberts Austin cont'd.... pg. 5...

THE Highlands Communicator

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email: highlands@thecommutator.ca



Forever In our Hearts...
Roberta Welsh - Feb 12/06



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All Our Writers
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Roberts-Austin Cont'd....

... from pg. 4

Roberts-Austin also immediately established Haliburton's first 24-hour card lock gas station at the new location. This was a very shrewd move because besides offering businesses and ordinary consumers 24-hour gas, monthly billing, and a price point or two, it proved to be a great way to reach out to new customers from all across the County. And with the early 1990s' recession looming companies needed every bit of competitive edge they could muster.

In 1991 Steve married Andrea Atkinson, who had moved to the Haliburton area in the late 1980s where she soon became a popular and successful manager of McKeck's Place. "It was a great place to work with a very loyal clientele – and Walt and I were able to assemble a really good staff. We all worked hard, but we had a lot of fun as well, with great staff morale. I'd worked high-end restaurants in Toronto before, but this was a very special experience."

By 1994 Andrea had started to work at Roberts-Austin, learning the office management side from Betty Austin: in 1996 Murray and Betty retired, and Steve and Andrea became the sole proprietors. And in 1997 they introduced another innovative service feature to the business, which was to prove extremely successful.

"By 1997 the trend to cottages as year-round destination homes was fully established," says Steve. "And it was clear to us that our customers all around Haliburton on cottage roads were going to need service 12 months a year. So we invested in the County's first small, compact, four-wheel drive delivery truck to make certain we could be there for our customers, winter and summer. And we now have three of them on the road: it was the right move, for sure."

"We were also among the first companies in Haliburton to offer our customers the convenience of Internet banking," says Andrea. "I remember when people couldn't believe that a local fuel company would be registered for electronic bill payment – they thought that was only for huge corporations – but our customers loved it."

Roberts-Austin supplies a full range of oils and gasolines to homes and businesses. They're also set up with backup generator power to ensure that hospitals, nursing homes and emergency vehicles are fully supplied during power blackouts, a truly essential service as anyone who lived through August's tornadoes will attest.

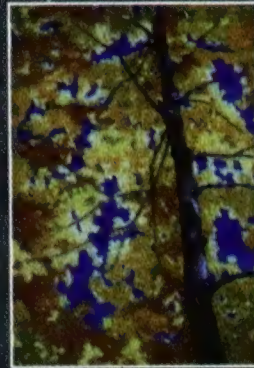
Despite its success, Roberts-Austin is still very much a community family business: they employ up to seven people in the winter, and have a very loyal, long-serving staff, like driver Brian Nicholson and office assistant Deb Landry. And the company has always given back generously, to the Haliburton Hospital, Fleming College, and Camp Wanakita, for example, as well as to local hockey leagues and curling clubs.

Roberts-Austin Fuels is located on the Industrial Park Road just off County Road 21 and can be reached at 705 457-3554.



Andrea & Steve

Wilderness



Ursula Reese
Treetop - Pastel



Gary Chapman
From My Campsite - Oil on Canvas

*Recent Works of the
Algonquin and
Haliburton Regions
In Pastel, Oil and
Watercolour*

*Meet the artists
Saturday
September 30th
1pm to 4pm*

September 30
to October 15, 2006

*Open Extended Hours
Studio Tour & Thanksgiving Weekends
Saturday & Sunday 9 am to 6 pm*

THE ETHEL CURRY
GALLERY

94 Maple Avenue, Haliburton, ON

705.457.9687

theethelcurrygallery.com

two artists... two visions • one exhibition

It's Haliburton County Studio Tour Time

Haliburton County, Saturday, September 30th, Sunday October 1st, & Saturday, October 7th, Sunday, October 8th

Everyone is welcome to visit the studios of Haliburton County's 24 Studio Tour Artists while enjoying the colours of the Highlands at the upcoming annual Haliburton County Studio Tour.

This self guided tour gives you the chance to visit each studio and experience the creative process. Talk to the artists and watch demonstrations.

An abundance of handmade and original works of art will be on display for show and sale. Many of the award-winning artists accept private commissions.

Brochures outlining the tour and studio locations are available at each studio, the Chamber offices and at many businesses in Minden and Haliburton. You may start and stop anywhere you choose and you can visit as many studios as you please.

For more information please call 489-3177 or visit www.haliburtonstudiotour.on.ca There is a complete list of participants on line – with a description and sample of their works.

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without remembering and take
without forgetting**

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by*

Glass Eagle Studios



Return to Toms unique glass studio this year to view his new works. Custom, handmade windows, cabinet door panels, and lamps. Studio open (most days) year round, with ongoing demonstrations and classes available.

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"Wilderness" - Two Artists, Two Visions, One Exhibition

Ethel Curry Gallery, Maple Ave, Haliburton, September 30th to October 15th

You won't want to miss the upcoming show of recent works in pastel, oil and watercolour of the Algonquin and Haliburton Regions, by artists Ursula Reese and Gary Chapman.

The show runs from Sept 30th to October 15th at the Ethel Curry Gallery in Haliburton – admission is free.

Your chance to meet the artists takes place Saturday September 30th from 1 to 4 pm. For more information call 457-9687 or visit www.theethelcurrygallery.com

Haliburton County Studio Tour Preview and Sale

Rails End Gallery & Arts Centre, Haliburton September 21st – October 7th

The Members' Gallery at the rails End showcases work of artists participating in the Annual Haliburton County Studio Tour. Each artist has been invited to exhibit two pieces of work. Everyone is welcome to come view and purchase these great works.

In addition to regular Fall hours the Gallery will be open Sunday October 1 between noon and 4 pm.

Rails End Gallery & Arts Centre is located at 23 York Street in Haliburton. You can reach the gallery at 705-457-2330.

Contact Daniela Pagliaro or Laurie Jones if you require further information.

**Scientifically
Speaking**



What is a Cosmic Year?

A cosmic year lasts 225 million earth years. That's the amount of time it takes the sun to make one revolution around the center of the Milky Way galaxy.



**Highland
Images**

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September is Big Brother Big Sister Month

Big Brothers Big Sisters of Kawartha Lakes-Haliburton along with the whole national movement celebrated September as Big Brother Big Sister Month. Many large corporations have come on board nationally to promote the need for mentoring children and youth of our communities. There are over 22,000 children presently being served across Canada by over 23,000 dedicated volunteers. It is the goal of the Big Brother Big Sister movement to ensure that "every child who needs a mentor, has a mentor".

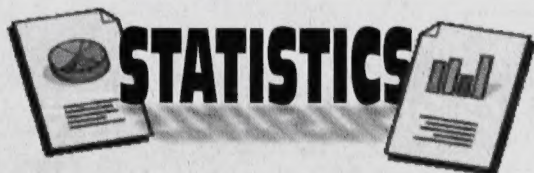
A display is available at Sears Catalogue Store in Minden for those interested in finding out more about the Big Brother Big Sister movement in Haliburton County. You can also visit www.bigbrotherbigsisters.info for information on the local branch or www.sharealittlemagic.ca for information on all member agencies.

There are many children locally that benefit from one-to-one relationships with a caring adult. Our dedicated traditional volunteers give 3-4 hours a week to their little brother or little sister and our In-School Mentors spend 1 hour a week with their mentee.

The mentoring programs are based on the consistency of the visits, which translates into one volunteer for every child served. The results see children with an improved self-esteem and increased confidence, which will lead to children having a better chance to reach their full potential.

There are approximately 700 children from lone parent families living in Haliburton County according to Statistics Canada 2001.

You can call 324-6800 if you would like to make a difference in a child's life through the magic of mentoring.



The average raindrop falls at seven
miles per hour

MINDEN SKATING CLUB

Registration & Family Skate



**Monday, Sept 25 and
Wednesday, Sept 27**

5:00 p.m - 7:00 p.m
Canskate Program - Learn to skate
Starskate Program
Ages 3 and up

Funding may be available through Family Services
For more information call Kelli @ 286-3054



**DUMB
CRIMINALS**

IN FOR A PENNY, IN FOR A POUNDING:

An auditor for a bank in Swansea, Wales, opened the safe at a branch and found three empty cash boxes — and a note reading "I have borrowed 7m pounds from the Halifax," signed Graham Price. Price, 58, was the branch manager, who disappeared when the theft was discovered. The audit found more like 10 million pounds (US\$17.6 million) had gone missing over four years. Price was tracked down and pleaded guilty to 43 charges of theft, and suggested prosecutors might like to look into 263 other counts. He says he spent all the cash on horse races; he is so broke that he had to get his attorney from the legal aid society. ...You'd think his bookie would be rich enough by now to make a donation toward his defense.

**You know you're getting old when:
When you fall down, you wonder what else you can
do while you're down there.**

HOME DECOR & GIFTS GALORE

**Indoor Furniture
Dollar Items
Patio Furniture
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Home Decor & More!**

**more than a
grocery store!**



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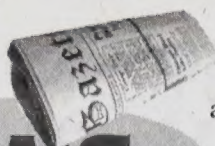
valu-mart



ONA (CHICKEN) WING AND A PRAYER:

A group of 60 ministers protested plans to open a Hooters restaurant in Waco, Texas. It went in anyway, and on opening day Monsignor Isidore Rozycki, the head Roman Catholic priest of the area, was there to say a blessing. "Blessings are part of the Catholic tradition," Rozycki said, noting he had eaten at other Hooters outlets. He noted the restaurants in the chain are "a place of laughter" with "great food." Fr. Rozycki got the gig by invitation: a police detective suggested it to the restaurant managers, and they liked the idea. Rozycki felt it was important to bless the "families that enter" as well as the employees who work there to support their families, but many area Catholics are outraged that the 63-year-old priest would dare enter the restaurant. (Waco Tribune) ... Yet the moment

Worldly News



someone spots an apparition of the Virgin Mary in a steamed clam, they'll all flock to the place.

DO THE BUMP: With the spread of bird flu and other contagious diseases, more and more people are refusing to shake hands with others. The World Health Organization thus suggests people switch to the "elbow bump" in case of a flu epidemic. But Dr. Harvey V. Fineberg of the National Academy of Sciences' Institute of Medicine says the timing of encouraging people to do the bump is critical: start too early and people would give up too early. Start too late and, well, it's too late. "What would backfire would be for you to say, 'Start bumping elbows now.' People would look at you as if you were from Mars."

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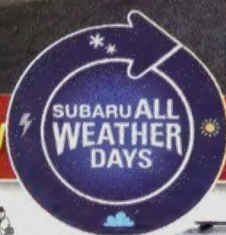
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SECURITY
DEPOSIT



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ALL-WEATHER DAYS Event. Hurry in now for amazing deals during our Fall All-Weather Days



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\$26,995**
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Experience shows that the use of short, distinctive given names in written as well as spoken communications is quicker and less subject to error than the older more cumbersome latitude-longitude identification methods. These advantages are especially important in exchanging detailed storm information between hundreds of widely scattered stations, coastal bases, and ships at sea.

Since 1953, Atlantic tropical storms have been named from lists originated by the National Hurricane Center. They are now maintained and updated by an international committee of the World Meteorological Organization. The original name lists featured only women's names. In 1979, men's names were introduced and they alternate with the women's names. Six lists are used in rotation. Thus, the 2005 list will be used again in 2011. Here is more information about the history of naming hurricanes.

The only time that there is a change in the list is if a storm is so deadly or costly that the future use of its name on a different storm would be inappropriate for reasons of sensitivity. If that occurs, then at an annual meeting by the WMO committee (called primarily to discuss many other issues) the offending name is stricken from the list and another name is selected to replace it.

Several names have been changed since the lists were created. For example, on the 2004 list (which will be used again in 2010), Gaston has replaced Georges and Matthew has replaced Mitch. On the 2006 list, Kirk has replaced Keith. Here is more information about retired hurricane names.

Atlantic Names

2006	2007	2008	2009	2010	2011
Alberto	Andrea	Arthur	Ana	Alex	Arlene
Beryl	Barry	Bertha	Bill	Bonnie	Bret
Chris	Chantal	Cristobal	Claudette	Colin	Cindy
Debby	Dean	Dolly	Danny	Danielle	Don
Ernesto	Erin	Edouard	Erika	Earl	Emily
Florence	Felix	Fay	Fred	Fiona	Franklin
Gordon	Gabrielle	Gustav	Grace	Gaston	Gert
Helene	Humberto	Hanna	Henri	Hermine	Harvey
Isaac	Ingrid	Ike	Ida	Igor	Irene
Joyce	Jerry	Josephine	Joaquin	Julia	Jose
Kirk	Karen	Kyle	Kate	Karl	Katia
Leslie	Lorenzo	Laura	Larry	Lisa	Lee
Michael	Melissa	Marco	Mindy	Matthew	Maria
Nadine	Noel	Nana	Nicholas	Nicole	Nate
Oscar	Olga	Omar	Odette	Otto	Ophelia
Patty	Pablo	Paloma	Peter	Paula	Philippe
Rafael	Rebekah	Rene	Rose	Richard	Rina
Sandy	Sebastien	Sally	Sam	Shary	Sean
Tony	Tanya	Teddy	Teresa	Tomas	Tammy
Valerie	Van	Vicky	Victor	Virginie	Vince
William	Wendy	Wilfred	Wanda	Walter	Whitney

Why Are Hurricane's Named After People?

In the event that more than 21 named tropical cyclones occur in the Atlantic basin in a season, additional storms will take names from the Greek alphabet: Alpha, Beta, Gamma, Delta, and so on. If a storm forms in the off-season, it will take the next name in the list based on the current calendar date. For example, if a tropical cyclone formed on December 28th, it would take the name from the previous season's list of names. If a storm formed in February, it would be named from the subsequent season's list of names.

Eastern North Pacific Names

2006	2007	2008	2009	2010	2011
Aletta	Alvin	Alma	Andres	Agatha	Adrian
Bud	Barbara	Boris	Blanca	Blas	Beatriz
Carlotta	Cosme	Cristina	Carlos	Celia	Calvin
Daniel	Dalila	Douglas	Dolores	Darby	Dora
Emilia	Erick	Elida	Enrique	Estelle	Eugene
Fabio	Flossie	Fausto	Felicia	Frank	Fernanda
Gilma	Gil	Genevieve	Guillermo	Georgette	Greg
Hector	Henriette	Hernan	Hilda	Howard	Hilary
Ileana	Ivo	Iselle	Ignacio	Isis	Irwin
John	Juliette	Julio	Jimena	Javier	Jova
Kristy	Kiko	Karina	Kevin	Kay	Kenneth
Lane	Lorena	Lowell	Linda	Lester	Lidia
Miriam	Manuel	Marie	Marty	Madeline	Max
Norman	Narda	Norbert	Nora	Newton	Norma
Olivia	Octave	Odile	Olaf	Orlene	Otis
Paul	Priscilla	Polo	Patricia	Paine	Pilar
Rosa	Raymond	Rachel	Rick	Roslyn	Ramon
Sergio	Sonia	Simon	Sandra	Seymour	Selma
Tara	Tico	Trudy	Terry	Tina	Todd
Vicente	Velma	Vance	Vivian	Virgil	Veronica
Willa	Wallis	Winnie	Waldo	Winifred	Wiley
Xavier	Xina	Xavier	Xina	Xavier	Xina
Yolanda	York	Yolanda	York	Yolanda	York
Zeke	Zelda	Zeke	Zelda	Zeke	Zelda

Personalized Limousine Services & Hyland Taxi LIMO BUS

SCHEDULED TRANSIT SERVICE

New
Morning
Route

Monday - Friday

New
Morning
Route

Departing

Haliburton	Town Docks	7:15 am
Eagle Lake	Eagle Lk Country Market	7:35 am
West Guilford	W.Guilford Shopping Cntr	7:50 am
Carnarvon	Bowling Alley	8:10 am
Minden	Court House	8:30 am
Returning to Haliburton		9:00 am

Departing

Haliburton	Town Docks	5:15 pm
Minden	Court House	5:45 pm
Carnarvon	Bowling Alley	6:10 pm
West Guilford	W.Guilford Shopping Cntr	6:25 pm
Eagle Lake	Eagle Lk Country Market	6:40 pm
Returning to Haliburton		7:00 pm

\$10 per person

CHARTERED SERVICES AVAILABLE 457-9898

Rates & Times subject to change without notice



Christina's Passion For Monarch Butterflies Helps Species Grow Safe & Healthy

The Monarch Butterfly has been called the King of the Insect

World because of its beauty and strength.

The tiny creature survives journeys of up to 3000 kilometres as it leaves Canada on its way to California, or Cuba, or Mexico.

None of which is news to Christina Bernings, daughter of Fred and Brenda Bernings of Wilberforce. Christina is an almost-11-year-old in Grade Six who's made the study and nurture of the Monarch her own personal passion. "Did you know that the female lays her tiny little eggs on a milkweed plant? They're really, really small, about the size of the head of a pin, but you can still see them if you really try. In a few weeks you can just begin to see the caterpillar's head."

Christina's been fascinated by Monarchs "since I was about six years old. That's when I first brought them home in jars and learned

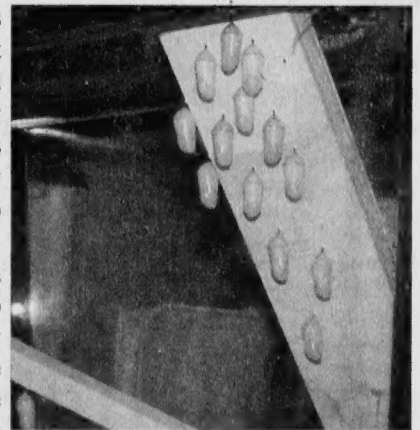
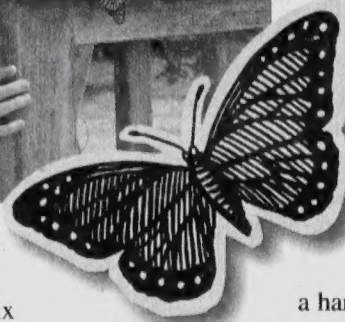
how to feed them – they eat milkweed leaves – and then watched them as they changed into their next stage, the pupa stage.

"I even used to go down early in the morning to watch the caterpillars attach themselves to a leaf – sometimes I had to wait for a couple of hours – I even had my breakfast watching them." Christina has perfected her technique of transporting the caterpillars ever so carefully and gently from their milkweed environment into a specially prepared glass jar, which she lines with fresh milkweed leaves. At this stage of life, the caterpillars are ravenous – they basically eat most of the day and night. Eventually they attach themselves to something firm – in Christina's case the glass wall of the jar where they miraculously spin a hard green casing around themselves.

As the summer goes on the adult butterfly develops inside this tough outer shell. "They attach themselves really firmly to the glass, or to the leaf," says Christina. "They're really difficult to detach, even if you wanted to. And did you know that eating milkweed causes a chemical reaction that makes them poisonous to predators, mainly birds? This is why it's so important to keep milkweed alive and not just cut them down because they look like weeds."

Finally the green casing becomes dotted with colour, signifying the butterfly's readiness to emerge from its chrysalis stage. At first its wings are damp and wrinkled, but soon they absorb fluids stored in its abdomen and flies away – maybe all the way to Mexico.

This year Christina successfully 'raised' no fewer than 114 healthy Monarchs – just three didn't make it. The pride on her face as she describes her flock is something to see. And she's already put her knowledge to good use. Last winter she won the public speaking contest at the Wilberforce Legion with a great description of the life cycle of the Monarch, and later participated in a regional competition in Norwood. "It was a little scary, but I still enjoyed it a lot," says Christina.



ANNUAL RABIES CLINIC

Saturday Sept 30, 2006



Haliburton Fire Hall 10 am - 2 pm
Wilberforce Fire Hall 10 am - Noon

Fee: \$15 per animal
(cash only, NO cheques)

All animals must be at least 4 months old
All dogs must be on a leash
All cats must be in a carrier

Monarch Butterflies cont'd... pg. 11...

Dancing The Brush' Exhibition Of Paintings By Cassandra Wyszowski

Rails End Gallery & Arts Centre, 23 York Street, Haliburton,
September 15th – October 17th

"Dancing the Brush" showcases Cassandra's work in a growth period, where traditional sumi-e and contemporary brush techniques fuse with western watercolours and acrylics. These are works on paper, rice paper, and canvas.

Over the past 10 years Cassandra has been exploring new work on canvas. While honouring the oriental tradition she has trained in, her recent work takes some risks combining contemporary western applications and the spontaneous spirit that has always flavoured Cassandra's work.

Cassandra will be giving a demonstration of her technique on Saturday, October 7th from 2-4 pm in the Gallery.

For more information you may contact: Daniela Pagliaro/
Laurie Jones 705-457-2330 www.railsendgallery.com
hlgfa.railsend@on.aibn.com

Gallery hours: Wednesday - Saturday 11 am - 5 pm Please note: in addition to regular Fall hours the Gallery will be open Sunday October 1 between noon and 4 pm

Monarch Butterflies cont'd...

... from pg. 10

What a thrill it must be to know that you've got 114 beautiful, tiny creatures winging their way to Mexico that started life in your own garage under your own tender care! And you can be certain that they won't be cutting down many milkweed plants around the Bernings home any time soon.



Haliburton County Development Corporation Announces:

H. - Haliburton County
E. - Emergency
L. - Loans
P. - Program

The HCDC has created a special fund of \$100,000 to assist businesses that have suffered damage and do not have insurance coverage by the storm of August 2, 2006.

Businesses that lost assets due to the storm not covered by insurance are eligible to apply. Loans with deferred interest for five years are available to cover the loss of hard assets, (including inventory) and other storm related costs. Ineligible costs include wages and the loss of revenue.

Applicants will be required to complete the HCDC loan application, provide financial statements, credit checks and verification of non insurance coverage (if available), General Security Agreements and promissory notes are required.

If you would like more information or have questions please contact Andy Campbell at 457-3555 or e-mail: hcdc@halhinet.on.ca.


HALIBURTON COUNTY
DEVELOPMENT CORPORATION
A Community Futures Development Corporation

Proud Firebird Owners Gather in Haliburton Oct 1st

On October 1st, Head Lake Park in Haliburton will be play host to quite a few proud Pontiac Firebird owners and their cars. If you like Firebirds and Trans Am's this is where you're going to want to be on this day. This will be the second year for the Firebird Haliburton Car Show organized by locals Dorian and Norine Malloy.



The couple have always been passionate about firebirds and are the original owners of a 1978 Pontiac Firebird Espirit, which they had specially ordered for them. The car has been kept in immaculate shape and has only 175,000 kms.

The couple dreamed of a Firebird only show in our area and made it happen last year with 22 Firebirds arriving to the show. "We are hoping to have 30 – 40 cars this year, It's the largest Firebird show north of Toronto." says Dorian. "Many of the cars coming are the Firebird Trans Am's – the real muscle cars. The cars will range from about 1967 – 2002 models. If you like fast, hot muscle cars this will be a show not to miss." The show happens near the caboose at Head Lake Park from 10 am till 2 pm. For more information call Dorian at 489-1646.

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Alaska: More than half of the coastline of the entire United States is in Alaska.

Amazon: The Amazon rainforest produces more than 20 percent of the world's oxygen supply. The Amazon River pushes so much water into the Atlantic Ocean that ~ more than one hundred miles at sea, off the mouth of the river ~ one can dip fresh water out of the ocean. The volume of water in the Amazon River is greater than the next eight largest rivers in the world combined and three times the flow of all rivers in the United States.

Antarctica: Antarctica is the only land on our planet that is not owned by any country. 90% of the world's ice covers Antarctica. This ice also represents 70% of all the fresh water in the world. As strange as it sounds, Antarctica is essentially a desert. The average yearly precipitation is about two inches. Although covered with ice (all but 0.4 percent of it), Antarctica is the driest place on the planet, with an absolute humidity lower than the Gobi desert.

Brazil: Brazil got its name from the nut, not the other way around.

Canada: Canada has more lakes than the rest of the world combined.

Canada is an Indian word meaning "Big Village."

Chicago: Next to Warsaw, Chicago has the largest Polish population in the world.

Detroit: Woodward Ave. in Detroit, Michigan, carries the designation M - 1, because it was the first paved road anywhere.

Damascus: Damascus, Syria, was flourishing a couple of thousand years before Rome was founded in 753 BC, making it the oldest continuously inhabited city in existence.

Istanbul: Istanbul, Turkey is the only city in the world located on two continents.

New York City: The term "The Big Apple" was coined by touring jazz musicians of the 1930's who used the slang expression "apple" for any town or city. Therefore, to play New York City is to play the big time ~ The Big Apple. There are more Irish in New York City than in Dublin, Ireland, more Italians in New York City than in Rome, Italy, and more Jews in New York City than in Tel Aviv, Israel.

Wilderness: Percentage of Africa that is wilderness 28%. Percentage of North America that is wilderness 38%.

Ohio: There are no natural lakes in the state of Ohio, every one is man-made.

Rome: The first city to reach a population of 1 million people was Rome, Italy in 133 B.C. There is a city called Rome on every continent.

Siberia: Siberia contains more than 25 percent of the world's forests.

SMOM: The smallest sovereign entity in the world is the Sovereign Military Order of Malta (SMOM). It is located in the city of Rome, Italy, has an area of two tennis courts, and as of 2001 has a population of 80, 20 less people than the Vatican. It is a sovereign entity under international law, as is the Vatican.

Sahara Desert: In the Sahara Desert, there is a town named Tidikelt, which did not receive a drop of rain for ten years.

St. Paul: St. Paul, Minnesota was originally called Pigs Eye after a man named Pierre "Pig's Eye" Parrant who set up the first business there (bootlegging).

Roads: Chances that a road is unpaved in the USA ~ 1 percent - Chances that a road is unpaved in Canada ~ 75 percent.

United States: The Eisenhower interstate system requires that one mile in every five must be straight. These straight sections are meant to be usable as airstrips in times of war or other emergencies.

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2252 - \$18,000 2003 Dodge Ram 1500 SLT LB 4x4, 4.7L, auto, Tow, Moulded Running Boards, 87,000 kms.	06-14A - \$19,900 2003 Dodge Dakota Quad SB 4x4, 4.7L, auto, A/C, CD, PW, PL, Patriot Blue, 54,515 kms.	2283A - \$24,900 2003 Dodge Dakota Quad SB 4x4, 4.7L, auto, A/C, CD, PW, PL, Patriot Blue, 54,515 kms.
06-97A - \$16,900 2003 Dodge Grand Caravan Sport, V8, auto, DVD, CD, A/C, Al, Wheels, Inferno Red, 87,625 kms.	2205A - \$15,900 2003 Dodge Caravan SXT 3.1L, auto, A/C, CD, PW, PL, Keyless, Onyx Green, 41,011 kms.	06-18A - \$13,900 2003 Dodge Caravan SXT 3.1L, auto, A/C, CD, PW, PL, Keyless, Patriot Blue, 45,990 kms.
06-80A - \$13,900 2002 Dodge Grand Caravan Sport 3.1L, auto, A/C, CD, PW, PL, Keyless, Steel Blue, 82,722 kms.	06-21D - \$52,900 2005 Ford 450 Super Duty 2500 Class, C Motorhome, Leather, Tipout, A-Steer, at \$59,900.	06-117A - \$12,900 2004 Dodge Caravan SXT 3.1L, auto, A/C, CD, PW, PL, Keyless, Mopar Blue, 45,990 kms.
2282A - \$10,900 Ford Windstar SEL, 3.8L, auto, V6, CD, PW, PL, Keyless, Maroon/Tan, 113,500 kms.	07-10A - \$6,900 Ford Windstar SEL, 3.0L, auto, V6, CD, PL, PW, Tan, 182,000 kms.	06-92A - \$6,900 Ford Windstar SEL, 3.0L, auto, V6, CD, PL, PW, Tan, 182,000 kms.

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Activist's Rights

Two animal rights protesters were protesting at the cruelty of sending pigs to a slaughterhouse in Bonn. Suddenly the pigs, all two thousand of them, escaped through a broken fence and stampeded, trampling the two hapless protesters to death.

Road Riding

As summer comes to an end, the very best time of the year for cycling begins. With the "silly season" over, traffic on our rural roads is significantly lower, the weather is warm but not beastly, the bugs have all but gone wherever bugs go when they're not nibbling on your ears and the colours and fragrance of our great outdoors, beckons. The health benefits of regular exercise are widely understood. Cycling is an excellent and enjoyable way to get that exercise and do some exploring.

Before venturing out, here a few things to think about.

Be visible! Funky colours (even those not found in nature!) are best. Bright yellows or pinks or greens (in a pinch, white will do) insure that drivers will see you. Wear a properly fitted helmet, regardless of whether the law says you must. If you are in the market for a new helmet, get the very best you can afford. Have it properly fitted. A poorly fitted or broken helmet is no helmet at all. Again, bright colours are best. Consider purchasing cycling shorts. They are appropriately padded in all the right places and will definitely make the ride more comfortable. The same goes for cycling gloves. A bit of padding goes a long way! Wear eye protection. Sunglasses or clear lenses will keep airborne bits (bugs, rain, mud, gravel etc.) out of your eyes.

Obeey the traffic laws as you would if you were in your car. A stop sign is still a stop sign. Clearly and demonstrably indicate your turn signals. Be courteous, confident and assertive while out on your bike. You have every right to share the road with other traffic. In groups, ride in single file, on the right, with the traffic.

Insure your bike is in good running order. A little bit of investment in regular maintenance will go a long way to making your bike work better, resulting in a much more enjoyable experience for you. Carry a spare tube, a pump and a repair kit. If you don't know, have someone show you how to use it. It's much easier than walking home.

Carry enough fluids (water, sports drinks etc.) Most bikes have attachments for 2 water bottle holders. Use both.

Be realistic when choosing a destination. You have to ride back, too!

Note to drivers: Please remember what it was like when you were out on the road on your bike. We appreciate your courteousness and patience.

The Haliburton Highlands Cycling Coalition (HHCC) was formed early in 2006, with the view to creating a unified, organized voice for local cyclists and cycling interests. The vision of HHCC is that Haliburton County will provide and promote safe and enjoyable cycling of all types for all ages. Our mission is to represent the interests of the cycling public within Haliburton County, through creating awareness, promoting safe cycling practices, advocating for cycling, being a resource, networking and listening to cyclists.

Puppets Have Important Messages

Family Services of Haliburton County has added a "Kids on the Block" puppet troupe to their list of programs for the children and families of Haliburton County. The program will also be offered to the City of Kawartha Lakes. Coming this fall, the "Kids on the Block" puppet troupe will perform puppet shows at elementary schools and community events across both counties.

The "Kids on the Block" puppet programs use the entertaining medium of puppetry to teach health, safety and social awareness to children. Volunteer puppeteers perform with puppet characters designed to realistically represent children. Through scripted dialogue, these "children" talk about disabilities, medical condition, health, safety and social concerns. Most of the programs are geared to children from kindergarten to grade 8. Shelley King, the "Kids on the Block" coordinator explains, "The lively and upbeat scripts create an environment of communication for children and adults in the audience. Each performance includes a question and answer period when the audience asks question directly to the puppets. During this time, myths and misconceptions are replaced with the facts and sensitivity."

The "Kids on the Block" puppets aren't strangers to Haliburton County and The City of Kawartha Lakes. From 1988 to 1995, a group of dedicated volunteers formed a "Kids on the Block" puppet troupe and performed in the community. The troupe eventually disbanded and the puppets have been in storage ever since.

The puppets and scripts have recently undergone "make-over's" to prepare them for their reappearance in the 21st century. Even a decade later, the puppet's messages are as pertinent and important as ever. Fay Martin, Executive Director is excited to announce The Ontario Trillium Foundation has awarded Family Services of Haliburton County a 3 year operating grant to help put the puppets back to work." The community has been very supportive of this project", states Fay. "The Haliburton County Development Corporation and the Minden Hills Cultural Centre Foundation are also providing grant funding to the new "Kids on the Block" troupe to provide programming to our community."

The "Kids on the Block" organization requires there be no charge for the puppet shows, so that no child is excluded from watching a performance for economic reasons. The Ontario Trillium Foundation grant does not address all expenses, so donations from hosting schools and organizations are greatly appreciated. Family Services will be looking for community partners to help sustain the "Kids on the Block" program from one year to the next. This can be done by supporting the purchase of a puppet, a program script, or sponsoring a puppet show.

From August 2006 to January 2007, the troupe will be performing shows about Vehicle Safety and Healthy Snacking. From February 2007 to August 2007, it is anticipated the shows will focus on Sun & Water Safety and Combating Childhood Obesity & Overweight. Other "Kids on the Block" programs that will be offered in the future include Alcohol, Tobacco & Other Drugs, Fire Safety, Physical Abuse, Sexual Abuse, Sexuality & Teen Pregnancy, Autism Multiculturalism, Literacy and Coping with Crisis.

If you are interested in being a volunteer puppeteer, hosting a performance, sponsoring a program, or donating funds toward the purchase of a puppet, please contact the coordinator, Shelley King at (705) 448-8889 or email her at info@rainbowconnection.ca.

The Kids on the Block



Tongue Twister



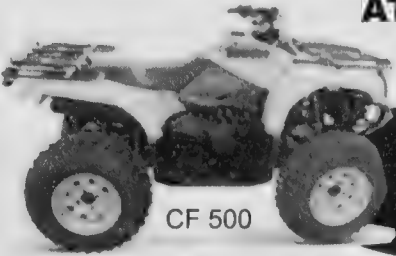
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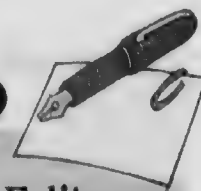
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Open Forum



Letters To The Editor

Update on Jack and Donna Guerin

Jack and Donna send a big Thank You to everyone for all their help, both monetary, physical, and emotional.

The wee hours of August 3rd 'The Tornado Night' made a dramatic change in the lives of dear friends of ours Jack and Donna Guerin of Pelaw /Redstone Lake. They lost both their garage and home to a fire. Their insurance has given them the go ahead to rebuild a new home and garage. We all know that takes care of the roof over their head but they will never recover the loss of their family memories, the little trinkets that had no monetary value; just sentimental.

Anyone who wishes to help with the new building, etc can call me (Gloria) at the Countrywide Real Estate office at Kennisis Lake 705-754-1932.

Gloria Carnochan, Kennisis Lake



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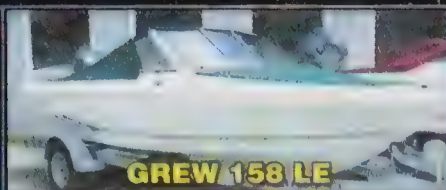
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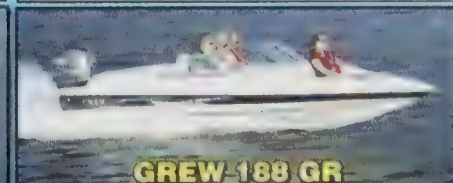
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It is illegal to deny the existence of God.
It is illegal to whistle underwater.

Ontario Early Years Events

We are happy to announce that **starting in September the OEYC Haliburton and OEYC Minden will be open Monday to Thursday from 9:30 a.m. to 1 p.m.** Please check the monthly calendars for programs, schedule changes and holiday closures.

From Lullabies to Literacy - Haliburton

Getting excited about books starts at a young age. Bring your child (0- 6 years) for a relaxed and easy-going morning with other parents through activity, songs and stories that help children to love books and learn to read. If you enjoyed Parent-Child Mother Goose, then you will likely enjoy this program too! These 10 weekly sessions began in Haliburton on Wednesday, September 20th from 10:00 am to 11:30 am. For more information or to register please call Lisa at Family Services of Haliburton County 457-5345 or Brenda at Ontario Early Years at 286-4625.

Highlands Parent-Child Mother Goose Program - Minden

A fun, friendly, relaxed morning for parents and children from newborn to 2 1/2 years, learning rhymes, songs, and stories together. Discover new ways to deal with fussy times; help your child meet and play with other children, and improve language skills. These 10 weekly sessions will be in Minden on Thursday from 10 to 11. Ask about our childcare program for your older siblings. Please call Minden OEYC to register 286-4625 or Family Services of Haliburton County 457-5345.

Play and Learn in Wilberforce with the Ontario Early Years Mobile Outreach. Drop-in and see us every other Thursday at the Lloyd Watson Centre from 9:30 am to 12:00 pm. Parents and children 0 – 6 years will enjoy activities, crafts, and active circle times; toy and book lending; ideas to help keep kids healthy and safe; nutritional snacks; and guest speakers. Join us on October 5, 19; November 2, 16, 30; December 14. Call Ontario Early Years Haliburton for more information 457-2989.

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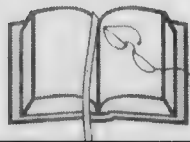
CRAZY But True Law Suits

Sneakin' in...

Kara Walton, of Claymont, Delaware, sued the owner of a night club in a nearby city because she fell from the bathroom window to the floor, knocking out her two front teeth. Even though Ms. Walton was trying to sneak through the ladies room window to avoid paying the \$3.50 cover charge, the jury said the night club had to pay her \$12,000 . Oh, yeah, plus dental expenses. Go figure.



Lange On The Law



by Donald J. Lange
Barrister & Solicitor

Lemon Law

You buy a brand new snowmobile with state of the art technology from a local dealer. You take it out for its first weekend trip of the winter season. Within 10 minutes of using the snowmobile, it bogs down, or cuts out, on you despite the fact that your hand is on the throttle giving the engine gas. The bogging down occurs sporadically during the course of the weekend trip. Sometimes it happens in five minute or ten minute intervals, or nothing would happen for one hour and then it would occur again.

You deliver the snowmobile back to the dealer to get it repaired. The dealer and the manufacturer think the problem is with the computer that controls the snowmobile. They re-programme the computer and tell you that everything is fine now. You go on another trip. Same problem. The dealer repairs it again. You go on another trip. Same problem. You ask the dealer for your money back. The dealer says no. You sue the dealer and the manufacturer on the basis that you bought "a lemon".

In these circumstances, a court will likely make a finding in your favour against the dealer. The test is this: the snowmobile is "a lemon" if it completely fails to function for the purpose intended despite repeated attempts to repair it. There are two legal principles at work in lemon law. There is a fundamental breach of the contract with the dealer because you did not get what you bargained for. There is also legislation that protects you, the *Sale of Goods Act*. Every purchase of goods comes with an implied warranty that what you purchased works. The snowmobile dealer is liable because it breached the implied warranty.

What about the manufacturer? In many cases, manufacturers give you an express warranty only to repair defective parts. In this case, since you did not buy the snowmobile from the manufacturer, the manufacturer is not liable for the breach of contract or the breach of the implied warranty which is part of the sale of the goods. It is only liable within the terms of its express warranty to repair defective parts. A court may find that the manufacturer is only liable for the cost of a new snowmobile computer. However, if personal injury had resulted from the bogging down, such as a rear-end collision by another snowmobile, the manufacturer may be directly liable because of negligent manufacture. If the vehicle had been a truck used for business instead of a snowmobile, the manufacturer may be liable to the truck owner for loss of profit.

In the next column, I will be talking about drainage problems between rural neighbours.

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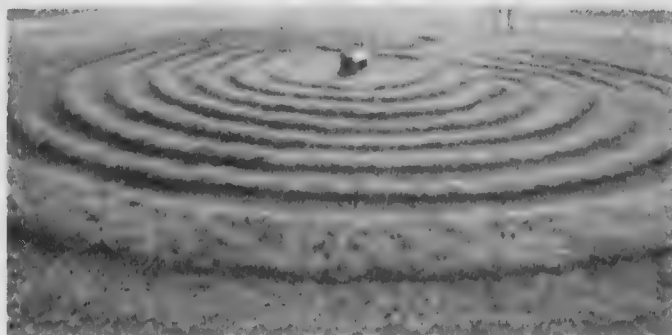
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The Labyrinth Experience At The Minden Hills Cultural Centre



What is the Labyrinth?

Labyrinths are circular pathways within the great outer circle reflecting the spiritual journey of life. This ancient sacred geometry embraces a meandering but purposeful path to the center from the outer circle. Walking a circuitous labyrinth path in meditation is a powerful tool for transformation, as it quiets the mind and opens the soul, evoking a feeling of wholeness and mindfulness. The path can be three, seven or eleven circuits around the center within the great outer circle. Unlike in a maze, there is no wrong way to walk a labyrinth. This mystical ritual, thousands of years old, is a metaphor for one's journey to the center of understanding and to God. Labyrinths can inspire change, a sense of peace, and a deeper connection with the divine. The labyrinth is a sacred place, and a universal symbol of peace.

Introduction to the Labyrinth

Workshop with Brenda Peddigrew - Labyrinth Teachings and Guided Labyrinth Walk, Sunday October 1
11 am - 1 pm, all ages event, \$10 for adults, children FREE

Join Brenda for a talk and experiential labyrinth walk. Whether designed for healing, prayer, entertainment or as art objects, labyrinths offer an experience that evokes spiritual power as one follows the unicursal, or single path. Come out and learn more about this powerful tool for reflection, meditation, realignment and a deeper knowledge of the self.

Register for this workshop @ 286-3763, Minden Hills Cultural Centre, 174-176 Bobcaygeon Road, Minden, ON.,
www.mindenculturalcentre.com

Energy Workshop & Walk About

We have all said goodbye to our summer guest, the kids are back at school and the trees displaying their fall beauty. The fall is a time of change and to be truly happy in life change is something we need to embrace. We all know in our hearts how important it is to be physically active, but sometimes we are intimidated by the activities. It doesn't have to be this way. We are very fortunate to have a little place called Physical Journeys Fitness, which is located on Minden's main street.

Physical Journeys Fitness is owned by Lorie Kah and Lorie has dedicated herself to providing our community with an abundance of choice for those wanting to become fit.

Whether you are young, or old, or anywhere in between, there is likely to be fitness class or yoga class that you will enjoy.

This fall Lorie is offering "E3", a workshop to explore the elements of energy. Participants will learn whether their exercise is "energy training" or "energy draining".

They will look at why we exercise, how we exercise and what is at the heart and soul of exercise.

This workshop will be held on Wednesdays at 12:30 to 1:15. The cost is \$2.00 per class and it is open to everyone.

Also operating out of Physical Journeys Fitness is Holness Yoga. As part of her new Relax & Tone Yoga Class, Gail Holness will be leading a walk on Tuesday & Thursday mornings. She would like to invite anyone who is interested to come out and enjoy these walks.

Participants will walk for 30 - 40 minutes and the walk will take place in and about town where the ground is level. There is no charge to join in. Gail would like to especially encourage those of you who would like to come out but are afraid to, because you think you will hold back the group. Don't let your fear stop you. Take it one step at a time.

Commit to change this fall and let go of those old habits and embrace a new and healthy choice. Call Lorie Kah at 457-3224 or Gail Holness at 455-9294.

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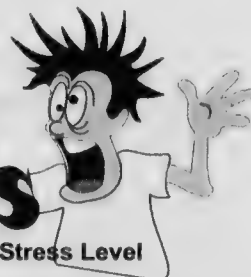
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Keep a calendar next to the front or back door for recording dates for library book returns, laundry and film pickups, medical or dental appointments, school project due dates, etc. Receipts or tickets can be paper clipped to the appropriate calendar page. A quick glance as you're going out the door will remind you if you need to take something with you.

Haliburton Highlands Family Health Team Website Now Launched

By Beth Archibald

www.hhfht.com

I am very pleased to announce the launch of the Haliburton Highlands Family Health Team Website. I would like to acknowledge the support of Haliburton Highlands Health Services who have provided financial resources to date and the Haliburton Highlands Health Professional Recruitment Committee who provided input at the early stages. The web designer is Upnorthwebs out of Bancroft, who I have found very helpful and accommodating.

The website has four primary purposes:

1) To provide information to clients regarding FHT location, contact information, structure, services (info not available yet), and programs (info not available yet); 2) To link clients to other community partners; 3) To recruit health professionals to the area; and 4) Eventually, to provide resources and information about their health and healthy living, ie. Descriptions of certain prescribed diets, sample recipes, "how to" protocols (treat a fever, look after a cast); links to other sites (Public Health Agency of Canada' Physical Activity Guide) and so on.

Please visit the website. I would appreciate any input and feedback, so do not hesitate to let me know your thoughts and suggestions. Contact Beth Archibald, Executive Director, Haliburton Highlands Family Health Team (705) 286-2140 ext. 298, beth.archibald@hhfht.com

Low Vision Clinic

A Lions Low Vision Clinic is planned for Monday, October 2nd, from 10:00 – 1:00 at Queen Street United Church, Lindsay.

CNIB staff will provide service information and display samples of consumer products.

All Low Vision Assessments are pre-scheduled from a service waiting list.

For more information, call CNIB 1-705-745-6918

Scampering Along the White Trail

with Marci Mandel

HEART OF
GOLD

My son's friends were married recently, and we were invited to attend the celebration. Magda and Andreas have spent so much time with us here at the lake over the years, they've become like family.

The wedding took place in the Niagara area, and we made a weekend of it since our three kids and their families were invited as well. This was nice since we don't all live in the same area and have a chance to be together often. It rained most of the weekend, but we made the most of it by bowling and just hanging out. It was fun.

The groomsmen met us at the majestic church with umbrellas, and as we settled in the storm outside was quickly forgotten.

The stained glass windows were glorious with their height and colour. They depicted various stories, and I noticed that all the people had golden auras emanating from their heads. The wedding party was elegant, the acoustics sublime and the priest was quite funny. It was a memorable ceremony.

The reception took place at a vineyard and the room was warm and intimate. The master of ceremonies kept things rolling through the speeches and presentations and the meal was plentiful. And then it was time for the father-of-the-bride's speech, and his love for his daughter was obvious from the words he chose. His memories were of good times and bad and of a relationship that had matured from father/daughter to one of mutual respect. And then they danced.

And then I cried.

I went to the washroom and sat there feeling so sad and alone, longing to hear those words and feeling that love from my own father. But he died young, and that wound ached so bad. I tried to tell myself that Richard wasn't only speaking to Magda; this father was speaking to all daughters, including me. Sobbing, with my face in my hands, I saw my dad smiling at me and I began to calm down. And then I remembered a quote a student had given me: Refuse to be seduced by what is past and over, and what cannot be changed. Remember: more important than what is BEHIND you and what is AHEAD of you is what is IN you.

And I began to let go of the hurt. My mind raced around the memories of the past and future and finally halted on what was within. Lifting my head and straightening my spine, I felt tremendous pressure around my heart. I couldn't tell if it was clenching or releasing. And then the words heart of gold came to mind, and I knew the discomfort was coming from a very tight muscle being relaxed after a very, very long time.

More important than what is BEHIND you and what is AHEAD of you is what is IN you. What was in me was a heart of gold. It had always been there, but I had allowed myself to be seduced into thinking that holding onto those old memories that couldn't

be changed was more important than living with an open, loving heart – a heart of gold.

Then I remembered the stained glass windows and the gold emanating from the holy men and women and I felt a unity with them, a belonging to this great, vast universe. Maybe that was what they were trying to show us, maybe that was what all religious stories were trying to teach us: refuse to be seduced away from your true nature; instead, embrace your heart of gold and let it light the way.

And so as Magda and Andreas start their new life together and get tugged at by all the seducers out there, I hope they never forget the love in the room that first day, and know it will always

be there to nurture what is most important in them.

Comments: whitetrail@sympatico.ca

To see previous columns go to: <http://scamperingalong.blogspot.com/> and <http://trundlingalongthewhitetrail.blogspot.com/>





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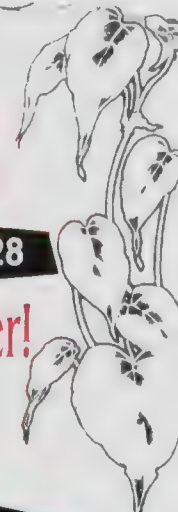
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Situated in Prime Holmby Hills in Los Angeles, this luxurious French Regency home was designed by the distinguished architect Richard Landry. Measuring approximately 20,000 square feet of interior space, this exquisite property is situated on an expansive 60,000-square-foot mostly level lot. The property consists of a 12-car security garage, full theatre with Thx sound, and wine cave. Built to utmost perfection, this lavish home includes 8 bedrooms, 11 bathrooms, magnificent entertainment rooms, and a state-of-the-art kitchen with a walk-in refrigerator. Surrounded by

breathtaking landscape, this estate features a pool, spa, pool house, waterfalls, and sprawling lawns. Unbelievable! By the way, what's a wine cave??



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They walk among Us!

Submitted by Ed Lehman

Some guy bought a new fridge for his house. To get rid of his old fridge, he put it in his front yard and hung a sign on it saying: "Free to good home. You want it, you take it." For three days the fridge sat there without even one person looking twice at it. He eventually decided that people were too un-trusting of this deal. It looked to good to be true, so he changed the sign to read: "Fridge for sale \$50." The next day someone stole it.

Caution... They Walk Among Us!

One day I was walking down the beach with some friends when someone shouted...."Look at that dead bird!" Someone looked up at the sky and said..."where???" They Walk among us!!

While looking at a house, my brother asked the real estate agent which direction was north because, he explained, he didn't want the sun waking him up every morning. She asked, "Does the sun rise in the north?" When my brother explained that the sun rises in the east, and has for sometime, she shook her head and said, "Oh, I don't keep up with that stuff." They Walk Among Us!!

I used to work in technical support for a 24/7 call center. One day I got a call from an individual who asked what hours the call center was open. I told him, "The number you dialed is open 24 hours a day, 7 days a week." He responded, "Is that Eastern or Pacific time?" Wanting to end the call quickly, I said, "Uh, Pacific" . . They Walk Among Us!!!

My colleague and I were eating our lunch in our cafeteria, when we overheard one of the administrative assistants talking about the sunburn she got on her weekend drive to the shore. She drove down in a convertible, but "didn't think she'd get sunburned because the car was moving". They Walk Among Us!!!!

My sister has a lifesaving tool in her car it's designed to cut through a seat belt if she gets trapped. She keeps it in the trunk... They Walk Among Us!!!!

My friends and I were on a beer run and noticed that the cases were discounted 10%. Since it was a big party, we bought 2 cases. The cashier multiplied 2 times 10% and gave us a 20% discount.... They Walk Among Us!!!!

I was hanging out with a friend when we saw a woman with a nose ring attached to an earring by a chain. My friend said, "Wouldn't the chain rip out every time she turned her head?" I explained that a person's nose and ear remain the same distance apart no matter which way the head is turned... They Walk Among Us!!!!!!

I couldn't find my luggage at the airport baggage area. So I went to the lost luggage office and told the woman there that my bags never showed up. She smiled and told me not to worry because she was a trained professional and I was in good hands. "Now," she asked me, "has your plane arrived yet?"... They Walk Among Us!!!!!!

While working at a pizza parlor I observed a man ordering a small pizza to go. He appeared to be alone and the cook asked him if he would like it cut into 4 pieces or 6. He thought about it for some time before responding. "Just cut it into 4 pieces; I don't think I'm hungry enough to eat 6 pieces. Yep, They Walk Among Us, too!!!!!!

They walk among us, AND reproduce!

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Dining and Entertainment

Norm's Smoke House

Norm's Smoke House

Norm Weber first learned the art and craft of smoking meat, game and fish from his father at home in North Bay. Mr. Weber Sr. was a German immigrant who understood the unique flavours and textures that the smoking process produces. And for years Norm has been creating his own version of pepperettes and jerky, all the while working for various area butchers and sausage makers.

He's also converted deer and moose into sausages for local hunters for years. But now Norm's taken the next step and opened his Norm's Smoke House to the public. "In order to sell to the public you naturally have to satisfy all kinds of Health and Safety regulations – and now that we're fully certified we're looking forward to serving all of Haliburton."



"I get most of my fish from Georgian Bay fisherman – the whitefish and trout there are the cleanest and freshest in the province. I get the fish as soon as they lift the nets for my gravelax, smoked trout and smoked whitefish," says Norm. "In fact, all our meats and fish come from the best suppliers I can find – guaranteed."

Norm produces a full line of smoked meats including maple smoked bacon, smoked pork loins, cold smoked hams and german smoked hams, which has the rich, marbled texture and consistency of the Italian prosciutto. He also creates his own line of sausages, from Bratwursts to Oktoberfest to Chorizo. And he'll be just delighted to make whatever sausage his

customers want with individual spice combinations. Want some Italian with a little added fennel? Some English bangers with a sage-thyme mix? No problem at all.

"I know there's a good market for speciality meats and sausages because my customers have been bringing me their own meats for years. In fact my busiest season is just coming up as hunting gets underway.

I'll have a winter's worth of work coming through that door starting the beginning of October," says Norm. "But I want to make sure that my customer's know that I'm not in the butcher business – we have good butchers already in Haliburton. What I do is specialize in smoking, curing, and creating unique sausages, jerky, and so on."

Norm is an expert in deciding just what wood will create the perfect taste for each meat, game or fish. "We have an abundance of Black Cherry here in Haliburton and it's very good for fish and pork: it's very sweet, and almost gentle. I tend to use Hickory for summer sausage and hung salamis. In fact the 'nut' woods like hickory and butternut are certainly best for venison, game and even beef."



Smokehouse cont'd... pg. 27...



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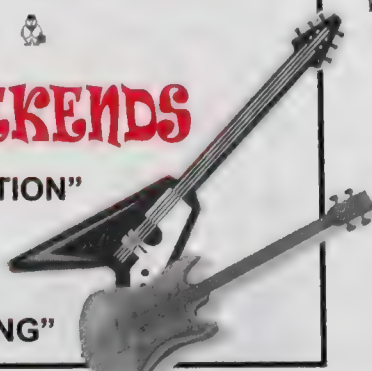
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SUNDAY OCT. 8

"THREE LEFT STANDING"



Norm's Smoke House cont'd...

... from pg. 26



Norm Weber 's Smoke House is a truly welcome addition to the Haliburton food scene. Of course the Webers, Norm and his wife Lou, are no strangers to Haliburton consumers: Lou's operated the successful Lambs & Ivy Antiques and Collectibles for many years. And now you can browse through the Antiques and pick up some smoked trout or homemade sausage right next door!

Norm's Smoke House is located at 3055 Gelert Road (County Road One) next to Lambs & Ivy and is open most days from 8 am until 6 pm (closed Tuesdays and Wednesdays) by chance or appointment. You can reach Norm at 705 286-1862.

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Haliburton Concert Series Features Natalie Chouquette Northern Lights Performing Arts Pavilion, Haliburton, Saturday October 13th

Natalie Chouquette, a Comic opera superstar, known to her fans around the world as "La Diva" will be performing in Haliburton as part of the annual Concert Series on Saturday, October 13th.

Natalie Choquette's unique voice has plucked the heartstrings of music lovers around the world. Concerts take place at the Northern Lights Pavilion.

Don't forget about the last in the series taking palce Saturday November 4th - 4 Hands, 1 Piano. Peter Tiefenback and Robert Kortgaard .

Some Series tickets are still available. Call 457-9731 for tickets or further information.



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5th Women To Women Night Out

What is Women to Women? A casual night when women of Haliburton County meet to put names to familiar faces, and build business and personal relationships and friendships through networking... Or more simply put, when women of Haliburton County have a chance to slow down, enjoy each other, support each other, learn about each other, and just hang out among friends.

You are invited to join this fun evening out (if you are a woman of course), taking place Tuesday, September 26, 7:00 pm - 10:00 pm at McKeck's (upstairs in the SkyDome), in Haliburton. A la Carte & Cash Bar. The guest speaker has not yet been confirmed, but there will be one.

For further information please email Lynda Shadbolt at lshadbolt@sympatico.on.ca or Holly Hutchison at holly.hutchison@mac.com

IMPORTANT: R.S.V.P. to holly.hutchison@mac.com so that our hosts may fully anticipate our needs.

Fall Workshops at the Agnes Jamieson Gallery

Lino Block Printmaking for Adults:

Lino Block Printmaking for Adults is being offered September 25 and October 2, 10am to 4pm at a cost of \$30 per person. Learn about printmaking and create your own greeting cards for the upcoming holiday season. All materials are supplied.

Art Club for Kids:

Art Club for Kids is being held every Tuesday after school starting September 26 - 3:30pm to 5pm at a cost of \$5 per child. Recommended for children with a strong interest in art. Working with the fundamentals of drawing, and other media. Occasional visits from professional artists showing their work and how it is made. All materials supplied.



bad predictions

"Schools will be open 12 months a year [by 1982]. Courses will be speeded up; instead of a four-year high school education, three-year plans may be in effect. Another variation will be staggered semesters-some students studying while others are vacationing."

- Changing Times Magazine, 1957.

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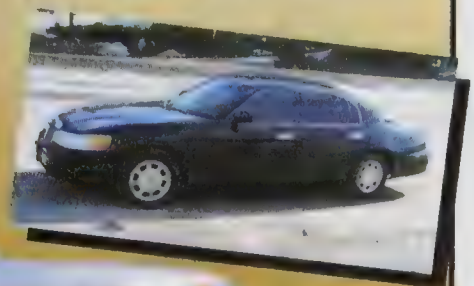
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Haliburton Legion News

By Chris Briggs

September has been a busy month. Starting with Legion week. We had a church parade on the 17th going from the liquor store parking lot to the United Church. The Legion was open to the public during this week.

The Drumhead A Sight To See – All Welcome

The drumhead will be from the 22-24. On the Friday (22nd) there is a meat draw & BBQ at 4:30, and in the Evening DJ Dave in the Club Room starting at 8 p.m. Saturday (the 23rd) there is a dinner at 6:30 in the banquet hall, and the band Seabreeze will be the entertainment in the Club Room from 7:30 p.m. - 1 a.m.

On the Sunday there will be a parade starting at 1:30 pm across from the Legion going down the main street to the cenotaph for a ceremony, then to the park for piling of the drums.

This tradition was brought about because when men were in battle they had no place to hold prayer service. So they decided to pile the drums to make a pulpit and the minister could give a service to the men using the drums. Once the service and act of Remembrance is complete then the parade will take York Street back to the Legion. Everyone is welcome to come back to the Legion Club Room.

All spectators are welcome to take in this event. There will be colour parties from all Legions in District "F". It is quite a sight to see.



John Briggs Memorial Open Mixed Dart Tournament

Also on Sept. 30 is the 3rd Annual John Briggs Memorial Open Mixed Dart Tournament will be held downstairs in the clubroom. Registration is at 10:00am and games begin at 11:00am. It is \$40 per team with two men and two women. This includes doubles. There will be food available.

You can call the Legion at 457-2571 for more details on any of the events taking place at the Legion. Thank you for your support and see you at the Branch.

Royal Canadian Legion Branch #441 Kinmount

Branch Activities – Fall/Winter

Shuffleboard League – Sundays 2:30 pm, Monday - Ladies Darts 7:30 pm & Wednesday - Mixed Darts 7:30 pm.

Drop In Darts: Tuesday – 7:30 pm & Saturdays – 3:00 pm
So come on in and have some Fun.

Meat Draw Saturday – 4:00 pm – 6:00 pm. Big Bucks Bid Euchre – 3rd Wed – 11:00am Bingo every Friday at 6:45 pm.

Upcoming Events at Branch #441 Legion

Sat, Sept 30th – Name that tune & Trivia Night. Starts at 5:30pm with a Free Light Buffet. Lots of Fun & Prizes! So come on out and enjoy yourself.

Oct 1 – Car Rally Registration at 9:00am and Start Time 10:00am. Entry Fee \$20.00. Prizes & Lunch included.

Kay Allen Memorial Open Mixed Shuffleboard Tournament
Sunday, October 22, 2006. Registration at 9:30am and Start Time at 10:00am. Entry Fee - \$15.00/Doubles made up of 1 Man & 1 Woman. Food & Refreshments Available.

Oct 28th – A Halloween Dance, Costume Option and Lots of Prizes. Advance Tickets 28 single & 15 couple. So come on out and let your hair down and have some Fun.

At the going down of the sun and in the Morning we will remember them.

Community Care Overnight Bus Trip

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November
7 & 8

Community Care
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the Botanical Gardens, the Imax Theater, and the
Butterfly Conservatory, and dinner at Hagan's on
the way back to Haliburton County.

From \$250.00 per person

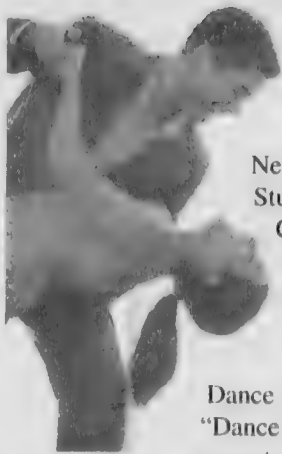
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Fleming Courses

Next week the latest session of Part Time Studies courses at the Haliburton Campus of Fleming College begins and already you can hear the music playing.

Dance Like The Stars...

Dance music, that is, as in three wonderful "Dance Like The Stars" courses being presented at the College by Ken Atkinson

Musical Productions. Ken Atkinson's been a dance professional for over 30 years, appearing in hundreds of TV and stage shows and was for five years CTV's resident choreographer. He's joined by Instructor Elaine Nicol, a graduate of the National Ballet School who's taught along side Ken for the past seven years.

The three courses offered are: **Ballroom Dancing** featuring the classic Waltzes, Foxtrot, Swing (Jive) and Cha Cha. Sessions are from 8:30 pm until 9:30 pm and start Wednesday September 27th for 10 consecutive weeks.

Couples Salsa Dancing features the very popular Latin equivalent to Swing dancing and is guaranteed to get your blood racing. Sessions are from 7:30 pm until 8:30 pm, starting September 27th.

Finally, Ken and Elaine are offering a **Solo Salsa** class which incorporates the dance steps, styles and rhythms of Couples Salsa, but with no partner required. Sessions are from 6:30 pm until 7:30 pm, again starting on September 27th.

For the Ballroom Dancing and Couples Salsa session it's highly recommend that you register with a partner. Fees for all three courses are \$97 per person.

Spanish Classes...

Fleming is also offering its very popular Spanish classes starting the first week in October. This fall Level One and Level Three courses will be offered; starting in January Level Two and Level Four courses will begin. Christina Rico is the instructor for all four courses, and the fee for each of the 25 hour courses is \$127.25.

Sustainable Building Course...

For the past few years Fleming has offered a Sustainable Building Course which has produced the 4Cs building in Haliburton among others. The popularity of these projects has persuaded Fleming to offer individual course modules starting next spring that will undoubtedly be of great interest to many Haliburton handy men and do-it-yourselfers with an interest in sustainable energy and building techniques. Courses offered will include Dry Stone Structures, Renewable Energy, Timber Framing and Straw Bale Construction among others.

For further information about these and the dozens of other exciting courses you can check out the website at www.flemingcollege.com or phone 705 457-1680 for further information. You can also register online, or by phone.

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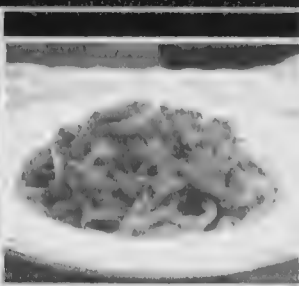
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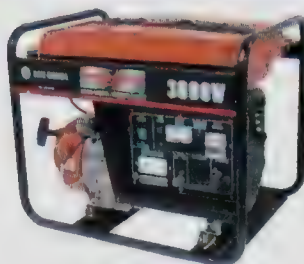
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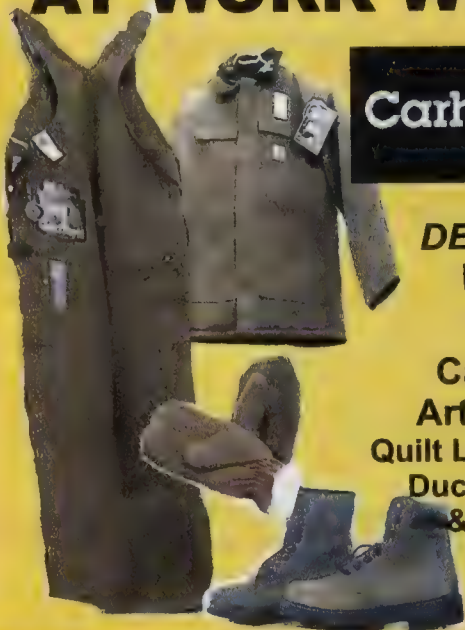
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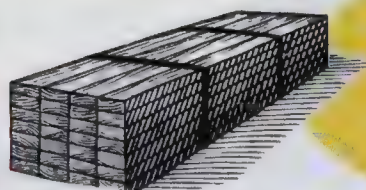
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Books Alive and Lunch with Authors

Red Umbrella Inn, HWY 35, Saturday, Sept 30th

The Haliburton Highlands Writers' and Editors' Network is planning a Books Alive event for Saturday, September 30, 2006 at the Red Umbrella Inn. Everyone is welcome to come and meet the authors and check out their work.

Attention All Published Authors! ... Authors are invited to bring and market their books. A Lunch with Authors will follow. This is the first weekend of the Studio Tour and people may be looking for a place for lunch.

The cost of lunch is \$20. HHWEN members can promote their books for free. If you are interested, please reply with a biography and a list of your works to: Kathleen Millard, HHWEN Membership Director kathleenmillard@sympatico.ca

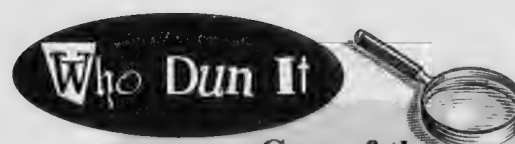
Haliburton Reads: Featuring Canadian Author Joy Fielding

Book club enthusiasts are invited to a *Haliburton Reads* event featuring Canadian author, Joy Fielding and her novel *Puppet*.

Random House of Canada is pleased to help arrange events such as this for book clubs in Canada. It will be held at Sir Sandford Fleming College on Sunday, October 15 at 2 p.m. in the great hall.

Apple crisp and coffee will be served for the first hour as people have an opportunity to mingle and chat with the author. Members of book clubs will have an opportunity to share information about what books they have recently read. Fielding's presentation will follow.

The Haliburton Bookers Club is sponsoring the event along with Friends of the Haliburton County Library. Book clubs should contact event organizers with a list of people who wish to attend. The ticket cost will be \$15. For more information, contact Jessie Pflug at 705-489-3024 or info@stouffermill.com or else Elly Malcomson at 705-489-1759 or jimelly@interhop.net.



Case of the Attempted Suicide

Detective Minden showed up at the University where his best friend professor McLanguage had apparently attempted suicide. His friend was an English major teacher as was his father before him. He looked down on to the sidewalk from the professor's 5th story window where he had allegedly jumped in a suicide attempt. The professor was clinging to life in a coma.

"I'm sorry sir; I know he was your friend. He left this note," said Constable Johnston.

Minden read the note to himself. The note said, "I am sorry. I have not been fair in the way I graded a certain student this year. Because of this he will not be able to continue his academic scholarship and graduate. He must be so upset. If I were him I would be angry enough to kill. Thankfully he is not that type of person. I will do it myself. I am so ashamed. I hope my family will forgive me."

The note was typed and was not signed by the professor. Minden looked around the room. His friend's desk was immaculately clean, with neat bookshelves all around the four walls. His desk was very tidy, with a computer on the left and a notebook on the right. Pictures of his wife and children sat on his desk as well as a picture of his father. Minden read the note over again.

Minden looked at Johnston and said, "We must find the student that was so upset that he would have done this, before he leaves the campus. This was not a suicide attempt. Put security around the professor at the hospital as well."

Why does Minden believe someone attempted to kill the professor?

for answer see pg. 47...

It's frustrating when you know all the answers but nobody bothers to ask you the questions!

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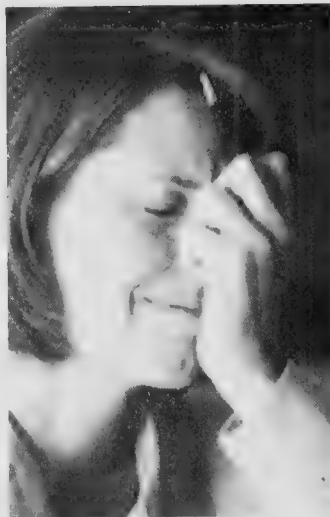
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Master's Book Store

Grief Share: Helping People Cope With The Loss Of A Loved One

The death of a loved one is a part of every person's life journey, as inevitable as one's own eventual demise. Most of us are lucky enough to see our own parents live out their span, and although their deaths are terrible events and our grieving severe and heartfelt, there is a sense that the process is a natural one. "A life well-lived", is the common phrase often used to comfort those left behind. But death is still such a scary and touchy subject that even so-called 'natural' deaths still draw an astonishing array of well-meant responses that do little to comfort the bereaved. "A blessing, really," you'll

"I'd never got over my rage, sometimes uncontrollable, at Sean's death," ... "I'd never understood it, never realized how bottled up my anger and sadness was. Everyone wants you just to get on with life, and of course we did. But we were never ever the same."



By Stephen Patrick

often hear when an elderly parent dies. To which the bereaved could justly reply, "are you kidding? I just lost my Mum, for ever!"

But losing an elderly parent is one thing; losing a beloved spouse in the prime of their life, or a child full of promise and grace, or a much loved young brother or sister is surely something else again, and beyond the imagination of most of us. And our response to these tragedies is filled with an almost primal fear and incomprehension: what on earth can we say? How can we ever comfort someone who's suffered such a loss?

In January of 2001 Susan Bain's husband Byron, consumed by a remorseless and unforgiving depression, suddenly and violently died, by his own hand. "I felt chopped in half," remembers Susan. "My world just ended, like that." A devout Christian, a successful nurse and mother of several devoted children and grandchildren,

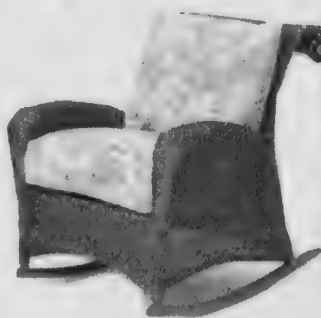
Susan nevertheless felt virtually powerless in the face of her overwhelming grief. Despite a funeral as big as any Haliburton has ever seen, and the unremitting support of her family and her church, the sheer aloneness of her sadness was terrifying. And our age-old fear, if not rejection, of mental illness as a cause of death, adds hugely to the isolation of the bereaved.

"I remember shopping in the IGA shortly after Byron's death and seeing someone I knew glance at me at the other end of the aisle, and abruptly turn her cart around and scoot away – people had such an impossible time acknowledging what had happened. It just makes you feel as if you don't exist."

Susan's friends and fellow Lakeside Baptist members were deeply concerned for her well-being and determined to help in any way they could. Then Church Administrator Sue Greaves did some research and discovered that a new program for the bereaved called GriefShare was available at a Peterborough Church. Within days Susan's close friends Doug and Pat Hardy had offered to accompany Susan and enrol together with her in the program.

Grief cont'd... pg. 35...

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Grief Sharing Cont'd...

... from pg. 34



Pat Hardy, Susan Bain and Doug Hardy

For the Hardys, this was a very brave and loving move. In 1983 they had lost their only son Sean to disease at age eight. "I'd never got over my rage, sometimes uncontrollable, at Sean's death," admits Doug. "I'd never understood it, never realized how bottled up my anger and sadness was. Everyone wants you just to get on with life, and of course we did. But we were never ever the same."

Pat remembers months of just sitting in the middle of her living room consumed with grief, frightened and alone. "And after five months I became pregnant again, which in a way made it more difficult to grieve the loss of Sean," she remembers. "We did attend some support groups, like Bereaved Parents of Ontario, which were well intentioned, but not very effective." Doug remembers one fellow member of the group offering his Porsche to Doug to go joy riding 'to take his mind off it all': "He meant well, of course, but joyriding in a Porsche? To get over Sean's death? I don't think so."

So Susan and the Hardys began the 13-week GriefShare program together, and all three credit it with being a very important part of their journey through their own grief to a kind of healing. "I never thought I'd be able to understand my rage, I'd bottled it up for so long," says Doug. And Susan adds that "you feel so safe in the group, I was able to let some of my grief go, to get it out there, and to deal with it. We even began to look forward to our drives down to Peterborough, because we knew we were going to a place of healing."

The next fall the threesome became facilitators of their own GriefShare program and for the past five years have conducted two 13-week sessions, one in the fall and one in the spring. "The program truly works," says Susan. "We've helped so many people who've lost their spouses, their children, brothers, parents, you name it. Some people have even come to us years after they've been bereaved – they've just never had a chance to grieve. We say in the program that grief is like a giant beach ball in the water. You can submerge it for a little while, and hide it away, but sooner or later it's back. You have to confront it, and we certainly help with that."

The GriefShare program understands that grief is "not something you get over, but it's something you can get through – there is some light at the end of the tunnel." And GriefShare is an entirely inclusive program as well: you don't have to be a church member or a Christian to take part. The 13 sessions each begin with a half-hour videotape, following by talking and sharing, helped along by the facilitators. Each session is self-contained, and you can join the program at any time.

This fall's program started this week, and continues every Tuesday night from 7 pm until 9 pm at the Lakeside Baptist Church on Park Street in Haliburton. To register, or for more information, please contact Doug and Pat Hardy at 705 286-3635, or Susan Bain at 705 457-2570. The GriefShare website is www.griefshare.org.

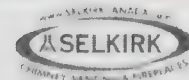
"...grief is like a giant beach ball in the water. You can submerge it for a little while, and hide it away, but sooner or later it's back. You have to confront it, and we certainly help with that."

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Remax Franchise Growing In Haliburton County

The last few years have been boom times for Haliburton's realtors, builders, and tradesmen. And as the County's population expands, and real estate values skyrocket, many businesses have been forced to re-examine their goals, and how they operate – in effect to look at all the ways in which they do business. It's safe to say that the cottage-as-castle trend, for instance, has begun to change significantly Haliburton's image and real estate profile with consumers in the Greater Toronto Area. And as those virtual, but very real lines of demarcation between Muskoka and Haliburton begin to blur, you can be assured that change is coming, and coming fast.

Troy Middlebrooks, owner/broker of Remax Lake Country Realty and Remax Muskoka Realty, based in Gravenhurst, has been in the

forefront of this change. Still just shy of 40, Middlebrooks is quite frankly a real estate phenomenon: in just 10 short years he's managed to become the pre-eminent realtor in the super hot and competitive Muskoka market. He started out in his 20s as a land developer, and by age 30 had amassed almost 40 properties. But he was convinced his future lay in buying, selling and marketing those properties and proceeded to obtain his real estate license just a decade ago. Within a few years he joined Remax' prestigious Platinum Club (signifying over \$250,000 in commissions in a single year – only 2 percent of agents every achieve this) and now his Remax franchises hold a commanding 34 percent of the Muskoka market.

Recently Middlebrooks bought the Remax Haliburton franchise, including the Minden and Kennisis Lake branches, bringing the total number of agents working for his franchises to over 100. And this week he added one more small, but important piece to the puzzle as Montage Real Estate in Wilberforce officially joined the Middlebrooks team.

"We've been approached many times over the years by other brokers and franchises," says Rick Forget, Montage's broker, "but we were never comfortable with the idea of giving up our



Troy Middlebrooks

independence. It simply never made sense." Montage is a classic 'boutique' brokerage, founded in 1980 by Don Fevreau and his wife Iona. In 1989 Rick Forget (Iona's son) became a sales representative, and his mum signed up a year later. When Don Fevreau passed away in 1995 Rick became Montage's Broker/Owner and together with Iona and Office Administrator Karen Mercer the company has seen a decade of steady growth and

Remax cont'd... pg. 39...



Karen, Rick and Iona - from Montage Real Estate to Remax

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Brush Pickup For Township Of Minden Hills

At a Special Meeting of Council, held on August 22nd, 2006, Council for the Township of Minden Hills has requested that any property owner affected by the tornados which touched down in Minden Hills on August 2nd, 2006 wishing to have brush from the storms picked up, may place this brush by the Township roadside.

The brush does not exceed 6 inches in diameter and 10 feet in length and left back 5 feet from the travelled portion of the Township road.

Brush, as outlined above, should be placed back 5 feet from the curb for site line safety. Actual pick up of the brush will commence on October 10th, 2006. Once brush is picked up at your location, we will **not** be picking up brush at this location again.

This will include brush from the storm on municipally owned road allowances and shoreline road allowances. NOTE: The Municipality will NOT be entering onto private property. The Municipality will NOT be reimbursing any property owner that has contracted this work out to private contractors "to date" or "in the future".



Real Estate

TIPS *by Lea Kitler*

When Your Selling Price is too High, Beware!

If you start out with too high a price on your home, you may have just added to your stress level — and selling a home is stressful enough. There will be a lot of "behind the scenes" action taking place that you don't know about. Contrary to popular opinion, the listing agent does not usually attempt to sell your home directly to a homebuyer. That would be inefficient.

Listing agents market and promote your home to the hordes of other local agents who *do* work with homebuyers, dramatically increasing your personal sales force. During the first couple of weeks your home should be a flurry of activity with buyer's agents coming to preview your home so they can sell it to their clients. If the price is right.

If you and your agent have overpriced, fewer agents will preview your home. After all, they are Realtors, and it is their job to know local market conditions and home values. If your house is dramatically above market, why waste time? Their time is better spent previewing homes that are priced realistically. If you are ready to make a move, give me a call for a Free Market Evaluation.

Remax Growing cont'd...

... from pg. 36

prosperity. "We're very proud of how our company has developed, and the service we've given to our community," says Iona, "and I never wanted to give up any of our connections here. And every time someone came along to see if we'd sell, there didn't seem to be any real reason to."

Until, that is, they met this last spring with Troy Middlebrooks. "From the beginning he assured us that he'd respect our independence and our way of doing business," says Rick. And Iona agrees, "he is an extremely positive, exciting, and persuasive individual: he certainly convinced us that joining with him would allow us to continue to do our business in the way we always have – but with a lot more support."

For his part, Troy saw the Montage business as an important key to positioning Remax as the County broker of choice. "I completely respect what Rick and Iona have been able to do over the years – I have no intention of changing that one little bit. Their building, which they'll still own, has the best location in the area, for instance – and their record of business and community service is just great. Why would I try to change any of that?"

"We're really about allowing local agents and brokers to do what they do best with the added benefit of a very powerful brand, continuous national advertising, some administrative economies of scale, and access to a great network of like-minded agents across North America. But despite all of that, successful agents are almost always integral parts of their local community – and they'll certainly remain so once they've joined us."

As a gesture of just how much he respects the local scene, Middlebrooks will not be a selling broker himself anywhere in Haliburton – in other words he'll never be competing with his own agents. In addition, for the next six months he's making an unprecedented offer to his new agents to

buy equity in the agency, to actually buy shares. And he's just announced a pension plan option for agents.

"I believe that all of what's called 'cottage country' is becoming one large market made up of very different histories and traditions," says Troy. "The Highway 118 corridor joining Muskoka and Haliburton is a very important part of that. And we want to position ourselves for the future, that's really what this is about. And I couldn't be more delighted that we've managed to acquire franchises like Montage, for example."

Middlebrooks and his franchises are obviously destined to play a very important role in the real estate business throughout the entire region for many years to come. And his vision is certainly compelling. Who ever thought of Highway 118 as a business 'Corridor', for example?

But you can still reach Rick Forget and Iona Fevreau at the same place, and at the same number in Wilberforce, 705 448-2222. "We really believe we'll have the best of both worlds," says Rick. "This really is about the future."

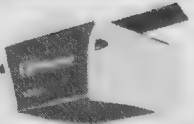
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Artistic Signs That Catch The Eye:

Created by Sigi & Sergio Zrinscak

Sometimes it seems that around every corner in Haliburton County there lurks someone or something that inspires the spirit or delights the eye. It could be as glorious as a young oak tree turning to gold in September – or as mundane as a sign announcing a house, a cottage, or a village. And if that particular sign seems especially colourful, inventive and delicate all at the same time, it's likely the creation of another of Haliburton's inspirations, Eagle Lake's Sigi and Sergio Zrinscak.

The Zrinscak's arrived in Haliburton about a decade ago, ostensibly to begin a well-earned retirement. "We were introduced to the area by friends – after we looked all over Ontario for a place to build a retirement home – Lake Erie, Lake Huron, Penetanguishene – but when we saw Haliburton we simply fell in love," says Sigi, her eyes sparkling with enthusiasm. "And we've been welcomed with open arms – the people here are just extraordinary."

Sigi and Sergio's life moves weren't always that smooth. The Second World War threw them both into displaced persons camps in Europe: Sigi's family finally found a home in Peru in 1951 when she was just a little girl. Sergio had arrived with his family two years before as a Croatian teenager (he still paints idyllic pictures of his home town on the Adriatic). Sigi's mother was Estonian, her father Swedish: she speaks fluent English, Spanish, Swedish and German, with some Italian. For his part Sergio retains his native Croatian, as well as English, Spanish and Italian.

The couple met and married in Peru and raised three beautiful daughters: Sergio became a successful executive with a textile company as well as studying civil engineering and indulging in his hobby of painting in his spare time. But in the 1980s the political situation in Peru became tense and dangerous: Sergio's company, a multi-national, offered the family a variety of countries in which to make their next home. They chose Canada right away and became proud landed immigrants in Toronto in 1984. Sergio continued to work with his company until he retired 10 years later, and Sigi joined a graphics firm where she soon learned the basics of computer graphic design. And in the spring of 1985 Sergio began work constructing their retirement home high above Eagle Lake.

Two of the couples sons-in-law were experienced builders, which Sergio admits helped him a lot: "I couldn't have done it without them, and of course I needed help with the excavation, wiring, plumbing, etc. But I built a great deal of this place myself, with the constant help of Sigi, of course."

"And the people of Haliburton were so generous to us," says Sigi. "We needed the house to be finished before all the financing could be secured – and the local companies didn't hesitate to help us. They were just remarkable and trusting."

When the house was finally finished, in the fall of 1995, the Zrinscaks decided to design some company signs for some of the people who'd been so good to them during construction as a kind of thank you note. Using computer design and scroll saws they created unique work for Churko Electric and Ken Evans Construction among others: the reception to these gifts was so positive that the couple decided to start their own sign business. And within a few short months their clientele and their works' reputation saw their home hobby become a full-fledged home business called Artistic Signs.

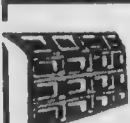


Signs.

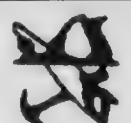
The Zrinscaks use a combination of techniques to achieve their highly varied and specialized signs. "We make them all by hand, scanning photographs on the computer and reproducing them on wood, if necessary," says Sergio. "We use selected pine or oak, mainly, but we can also work with sign-grade plywood, or with plastic core. Most of the lettering is cut by hand, and Sigi does this wonderful scroll-saw work."

"Some of our work gets really complicated. For one town sign, for a place near Orangeville, I had to create 27 different pieces to

Signs cont'd... pg. 41...



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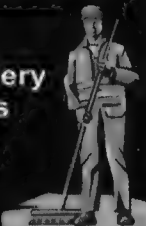
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Artistic Signs cont'd...

... from pg. 40



reproduce the town crest. And we also create wood panels (for the Trails and Tours Kiosks for example) as well as brochures and business cards," says Sigi. "And Sergio has also painted beautiful designs on propane tanks and swimming pools."

Over the years their business has grown and prospered, as has their family, which now includes five granddaughters. But the Zrinscaks show no sign of slowing down: "we love our work and we love our community. Why should we stop?"

You can reach Sergio and Sigi Zrinscak and Artistic Signs at 705 754-9051, or by email at sergio.sigi@sympatico.ca.



Samples of some of Sigi and Sergio's signs. Their handiwork can be spotted throughout the county!!



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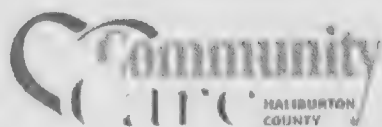
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THANK-YOU!!

Community Care Haliburton County and the Lions Club of Minden & District would like to thank all of those individuals and businesses that helped to make this years Golf Tournament a success.

This year's tournament has raised approximately \$6,000 and the money will be used to support the Emergency Response Program at Community Care and Community Projects offered by the Minden Lions Club.

We cannot provide these much-needed services without your help.

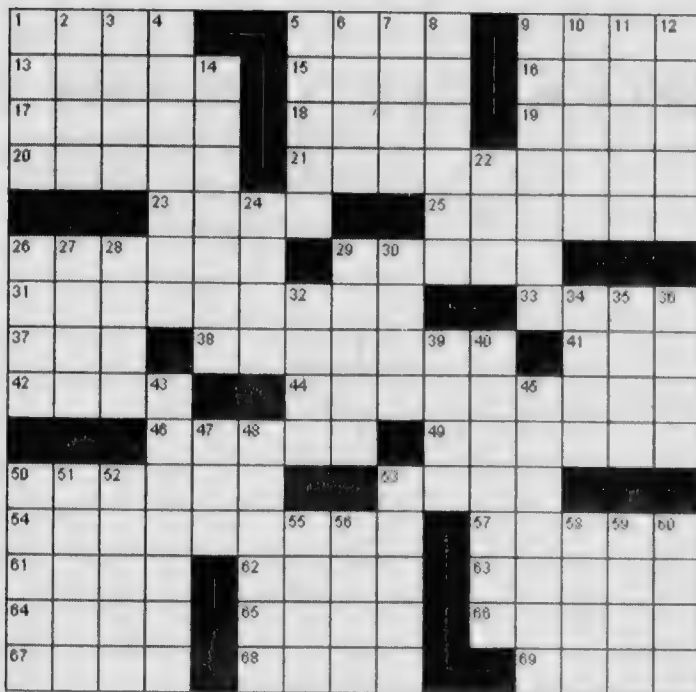
Thank you from the bottom of our hearts.

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Minden West Side Jug City
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Northern Exposure
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Minden PHARMASAVE
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Shelley King, Edward DeSilva
Ridge North Golf Course
Bonnie View Inn

We'd also like to thank everyone that made this golf tournament possible and our wonderful volunteers!

Community Care Haliburton County would like to remember Gord Monk, for his dedication and enthusiasm. His caring heart was at the centre of everything he did. Gord was the Past President of Community Care and sat on this Golf Committee.



See answer pg. 46...

Across cont'd...

- 66 Barbie and Ken
- 67 Litigated
- 68 Putting on aesthetic airs
- 69 Join forces

Down

- 1 ___ d'Azur
- 2 Windows alternative
- 3 Rajah's wife
- 4 Important person
- 5 Dealings
- 6 Aniseed-flavored liqueur
- 7 German refusal
- 8 Member of a Jewish sect
- 9 Hunting call
- 10 Brewing
- 11 Grasslike plant
- 12 Curse
- 14 Vitamin A
- 22 Bishop's jurisdiction
- 24 Nursery rhyme king
- 26 Singer Johnny
- 27 Shot shooter
- 28 Beams
- 29 More rational
- 30 Slender
- 32 Unhurried gait
- 34 Collar fastener
- 35 Predicament
- 36 Vintage designation
- 39 Almost
- 40 Intertwined
- 43 Distorted
- 45 State of NW Mexico
- 47 Mandela's org.
- 48 Japanese entertainer
- 50 Audible exhalations
- 51 Pianist Claudio
- 52 Pool table fabric
- 53 Gene or Grace
- 55 Afrikaner
- 56 Cheerful tune
- 58 Tablet
- 59 List of names
- 60 Bits beginning

Across

- 1 Restrain
- 5 Vocal inflection
- 9 Soviet news agency
- 13 Walking ___
- 15 Regrets
- 16 One or two
- 17 Touch of color
- 18 Israeli guns
- 19 Stem joint
- 20 Be real
- 21 Pioneer's wagon
- 23 Hayseed
- 25 More orderly
- 26 Prefix with logical
- 29 Take the tiller
- 31 Shiite leader
- 33 Pale
- 37 Undercover agent
- 38 Like a lion
- 41 Water tester
- 42 Emcee
- 44 Projecting land area
- 46 Bet
- 49 Swinging seat
- 50 Texas-Louisiana border river
- 53 Kublai ___
- 54 Cantankerous
- 57 Isle of song
- 61 Fortitude
- 62 Growing medium
- 63 "Silas Marner" author
- 64 Atmospheric mist
- 65 War, to Sherman

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Saturday, September 30

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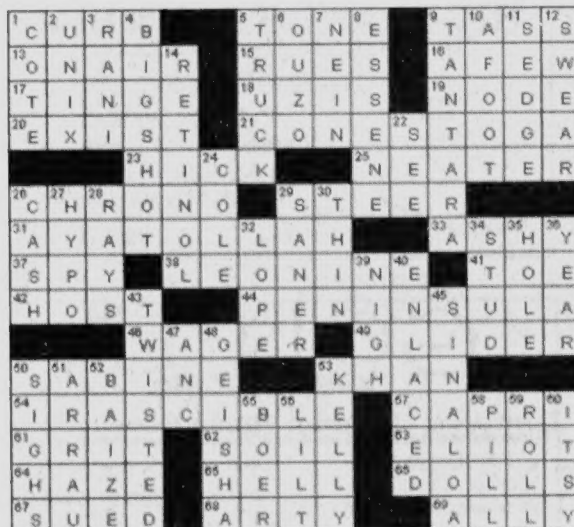
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Who Dun It Answer:

Minden knows his friend is an English professor. Therefore, he knows in the note he would have written "If I were he", instead of "If I were him".



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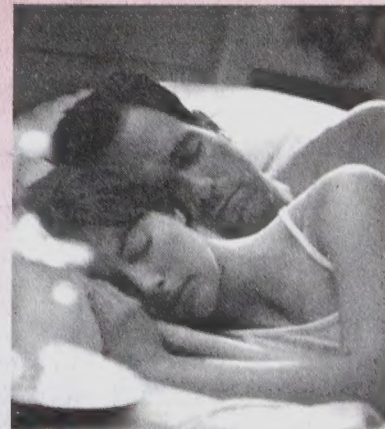
Once you think you have found all the Sams you can, write down how many you spotted, in what ads, the publication date, your name, address and telephone number, and mail them, email them or fax them to the Highlands Communicator. The first correct answer pulled from entries received wins \$100! It's that easy and it's fun too!

There were 11 sams in the last issue. They were hidden in the following ads:

Minden Live Bait and Tackle, Francis Fuels, Harvest Bulk and Health Foods, Yvonne Kendrick, SS Roofing, Roberts-Austin Fuels, Owner to Owner Real Estate, The Millpond Restaurant, Independent Grocery, Curry Motors Ltd., Kushog Lake Storage.

The winner of the Spot Sam Contest is: Debbie MacMillan of Minden

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Member
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Sunsets, 135ft shoreline some sand some rock. Stepped retaining wall to protect shoreline. 4 Bedroom 2 baths, 2pc ensuite. Well maintained cottage with many upgrades including kitchen, bath, septic. Western exposure with a big lake view of Kennisis Lake to die for. Sandy bottom & rock, gentle sloping lot off year round road. Winterized except for water.

\$359,000.00



Chelsea Lane (just west of West Guilford)

Looking for peace and quiet? Check out this home/cottage. 2 bedrooms with a possible 3rd bedroom, open concept, 4pc bath and forced air oil furnace. Totally renovated in 2001. Bunkie out back for noisy guests or kids and double car garage to make the man in the family happy. Deeded access to Maple Lake nearby

\$159,000.00



Private Lake - 129 acres - Haliburton Highlands. 129 acre retreat estate type property with a private lake, mature forest of pine and hardwoods. A 5 bdrm + loft cottage sits on the shore line of Torch Lake. The cottage is full of old country charm, massive stone fireplace in LR and backing the DR. Wood floors and all wood interior with cathedral ceilings. Large deck for entertaining. This property has many possibilities. Family retreat, Bed and Breakfast, Children's Camp, Retreat Center, possible severances of lots, also appears to be 50 to 60 acres of gravel, sand and great timber. Report details available to interested parties

\$990,000.00



Bring the groceries!!! One of a kind opportunity on Kennisis Lake. This beautiful lake front property has it all with south to southeast exposure. Features are 3 bedrooms (2 with balconies), 2 baths, open concept with vaulted ceilings, hardwood & tile floors. Built in appliances, main floor laundry and sunken living room with propane fireplace. The best part is it comes furnished. There is also a double car garage and Bunkie/storage.

\$529,000.00



Kennisis Lake

Privacy plus on the 748 ft. 2.84 acres shoreline of Kennisis Lake. Trees, rocks, deep water & great view, south exposure, driveway onto property. Build your dream cottage now.

\$399,000.00



Live where you play!! This gorgeous home is situated on over 11 acres & has over 700 feet on the Redstone River with loads of privacy. 3 plus bedroom home, den, office, eat in oak kitchen dining room, sunken living room with vaulted beam ceiling and amazing view of meadow. Fully finished walkout bsmt, laundry room, 2 1/2 baths, central air, central vac and much more. A must see to appreciate.

\$329,000.00



Commercial building and 2 BR home on busy highway frontage.

Ample parking, paved drive on Hwy 35. 3000 sq. ft. new oil furnace, loading dock, large basement, office space, hardwood floors, updated carpet, plumbing, roof & windows, move in condition. Endless possibilities! Enquire for more details!

\$399,000.00



Kennisis Lake - West Shore

236 ft frontage. Virgin lot, quiet bay, very priv, hard packed sand, exc build site. NW exp, beautiful colors in fall. No problem boating into bay in the fall.

\$369,000.00



Little Redstone

Imagine owning 8 acres on one of Haliburton's premier lakes. Miles and miles of boating on 2 lake chain, 1300 ft of shoreline, level property, well treed. Ideal safe play area for the family. Cottage has approx 1800sq ft of living space, 2 baths, laundry, family RM, & LG deck for entertaining. Water furnace with air conditioning make this an economical comfortable cottage or year round home. Insulated garage/workshop with LG storage area attached. Plenty of room to store the men's toys.

\$695,000.00

FOR MORE PHOTOS CHECK www.gloriaandcindy.com